



CONGREGATION
Beth Ami

Shofar

4676 MAYETTE AVENUE, SANTA ROSA, CALIFORNIA 95405

707-360-3000

JULY/AUGUST 2019

5779

HAPPY SUMMER!



Congregation Beth Ami

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Santa Rosa, CA 95405

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Please "like" us at

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Office and Gift Shop Hours

Mon.–Thurs. 10 a.m.–5 p.m.

Fri. 10 a.m.–2 p.m.

Mission Statement

Congregation Beth Ami enriches our lives, transforms our hearts, helps heal the world and sustains our Jewish heritage. We are deeply rooted in Jewish tradition and welcome all to our community through celebration, learning, education, and prayer.

Personnel

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Deadline for Sept./Oct. 2019 Shofar is Aug. 15



RABBI'S REMARKS

Rabbi Mordecai Miller

A Torah of Kindness—Torat Chesed

For many of us the spring heatwave of early June this year may be nothing more than a memory. I was in Palo Alto at the time, where temperatures reached a record breaking 106 degrees. After a night spent without any air conditioning or even a cross draft, I went off to look for a fan that might provide some relief. Perhaps I shouldn't have been surprised to discover that both Walmart and Best Buy were sold out! It so happened that there was a Bed Bath and Beyond right next to the Best Buy and so I headed in that direction.

As luck would have it, they actually had a selection of floor fans and as anyone who shops at that store knows, they often have a promotional discount. Since I'm not allergic to a good deal if I can get it, I figured I could find the coupon on my phone and apply it to my purchase. The checkout person was happy to scan the code—except for one little problem: the bar code on my screen had been left blurred intentionally! It looked as if I would just have to bite the bullet.

But no! At this point the sales associate said, "You were trying to find the coupon legitimately. I'll just apply it myself so you can get the discount."

After sincerely thanking her, I left the store with my purchase, touched and amazed at her thoughtfulness! (And, yes, it does make for great customer relations!)

Under the best of circumstances, life is stressful. Most of us work hard to make ends meet; especially given the cost of living. Beyond that, there's the challenge of automation and

depersonalization when trying to seek solutions for life's problems. Then there's having to deal with all the hateful and divisive rhetoric, the patent lack of honesty that seems to fill so much of the national and international political climate these days. There's climate change and what appears to be a march backwards towards tyranny and nationalism all rolled into one.

There are times when life seems to be spiraling out of control. No wonder hospital emergency rooms and critical care units are filled beyond capacity.

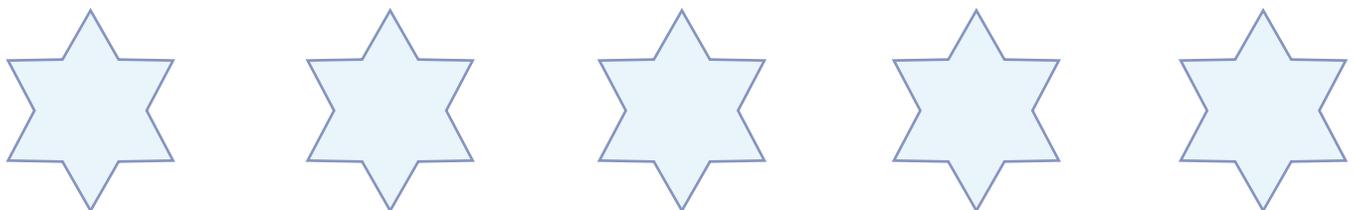
So much of life seems beyond the control of the common person. Very few of us command the levers of power beyond the voting booth (for those of us fortunate enough to live in a constitutional democracy),

But there is one thing that each one of us has the power to decide and control: to fill our lives with kindness!

The principle of "What is hateful to you, do not do to your neighbor" is as valid today as it ever was—perhaps even more so. In a world that may represent the antithesis of such a sentiment, it becomes even more important to adopt this mantra; to use it as a filter for what we say and do.

Anyone who's been the recipient of an act of kindness knows the feelings it engenders. It tends to fill our hearts with appreciation; it acts to calm our frayed nerves; it gives us the energy to carry on.

And may the days of your life be filled with all the kindness you can give and receive!





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Jalena Mays Program Director
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Services at Beth Ami

Please join us for services. For additional information or to verify the times, call the office at (707) 360-3000.

July Shabbat and Other Services

- July 3–4 (Wed.–Thurs.)**—Rosh Chodesh Tammuz
- July 5 (Fri.)**—7:30 p.m. Shabbat evening service. No dinner in July
- July 6 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck.
- July 12 (Fri.)**—6:30 p.m. Shabbat evening service
- July 13 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- July 19 (Fri.)**—6:30 p.m. Shabbat evening service
- July 20 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- July 26 (Fri.)**—6:30 p.m. Shabbat evening service
- July 27 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck

Daily Daven

Sundays and National Holidays—8:30 a.m. Morning Minyan in the Chapel followed by a light breakfast on the 1st and 3rd Sunday.

Mon.–Fri.—7 a.m. Daily Daven in the Chapel, except for Jewish and Secular holidays.

Sun.–Thurs.—5 p.m. Evening Daily Daven in the Chapel, except for Jewish and Secular holidays

August Shabbat and Other Services

- Aug. 2 (Fri.)**—Rosh Chodesh Av
- Aug. 2 (Fri.)**—6:00 p.m. Shabbat evening service
6:30–7:15 p.m. dinner (reservations necessary*)
7:15–8:15 p.m. program: See Cybershul for details
- Aug. 3 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- Aug. 9 (Fri.)**—6 p.m. Shabbat evening service
- Aug. 10 (Sat.)**—9:30 a.m. Shabbat morning service
- Aug. 10 (Sat.)**—at night Erev Tisha B'Av, Lamentations read
- Aug. 11 (Sun.)**—Tish B'Av
- Aug. 16 (Fri.)**—6:30 p.m. Shabbat evening service
- Aug. 17 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- Aug. 23 (Fri.)**—6:30 p.m. Shabbat evening service
- Aug. 24 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- Aug. 30 (Fri.)**—6:30 p.m. Shabbat evening service
- Aug. 31 (Sat.)**—9:30 a.m. Shabbat morning service followed by dairy potluck
- Aug. 31–Sept. 1 (Sat.–Sun.)**—Rosh Chodesh Elul

*Reservations necessary by noon the preceding Wednesday.



EVENTS & ANNOUNCEMENTS

Mazel Tov to the Families of:

A grandson to Miriyam Gevirtz

Our Condolences to the Families of:

Jerry Lakins, husband of Susan Miller

Wishing a Speedy Recovery to:

Judy Dzik	Dennis Judd
Etienne Sampiere	Anna Mollow
Arnold Drake	Andrea Goodman
Anna Judd	

Welcome, New Members:

Sandi Shulkin

Chaverim Alumni Gathering and Reunion

Reconnect with your teen Jewish Cohorts and groups! As we did 5 years ago, Sonoma County Jewish Teen alumni will celebrate together this coming Dec. 21, Sat. Evening at Congregation Beth Ami for an Alumni Gathering and Reunion sponsored by The Jewish Community Center Sonoma County.

If you are 19 and older, and passed through our Sonoma Jewish Teen Educational, Social and Camp programs before 2019, you're invited. Included are folks who graduated before 2019 and include but are not exclusive to B'nai Mitzvah participants, Camp Chai counselors, Madriachim, Tzadikim, USY'ers, Shorty members, Kehillah, Chaverim, Shorashim, past teen members of Congregations Shomrei Torah, Beth Ami, Shir Shom, Bnai Israel, Ner Shalom, Chabad, Russian River Jewish Community as well as our valued Jewish teens in the larger Jewish community.

Please hold this date and pass it on to alumni with whom you are still in contact. Feel free to pass on contacts for me to invite, or encourage them to friend me on Facebook, and please let me know if I left anyone out above. (We will soon have a Facebook event page for this joyful gathering.)



For more information, contact Rick Concoff, Director of Youth and Teen Programs at 707-477-9196 rick@jccsoco.org or 707-823-3916.

Countywide Israel Celebration at Beth Ami

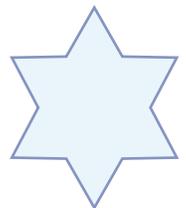
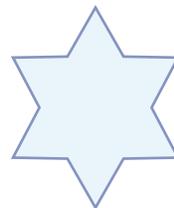
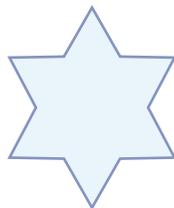
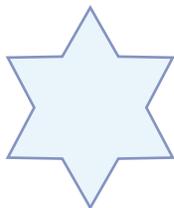
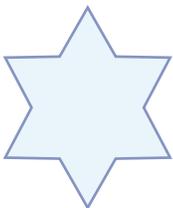


Volunteers prepare falafels for the Sonoma County Israel Celebration, which Beth Ami hosted on May 19.

The Sonoma County Israel Committee held an Israel Celebration at Beth Ami to commemorate the 71st year of Israel's re-establishment. Attendees enjoyed a brunch buffet of Israeli food and wine.

Beth Ami's Gift Shop displayed and sold Israeli products. Hadassah, the Jewish National Fund, Stand with Us and Volunteers for Israel also had displays.

Rabbi Mordecai Miller and Sonia Tubridy provided live music and accompanied some lively impromptu singing and dancing. Tara Winkler won the *Photographs of Israel* contest, which was organized by the Chair of the Sonoma County Israel Committee, Rick Krigstein.





PRESIDENT'S PAGE

Carolyn Metz, President

Annual Meeting, June 6, 2019

Hello and welcome to the 75th Annual Meeting of Congregation Beth Ami! You are invited to join in a celebration of achieving 75 years once we're through the business of the evening: electing new Board members and Officers and approving the budget for 2019–20.

The year 2018–19 has been noteworthy for many reasons. Henry Cohn, President, voluntarily stepped down December 31, because of medical reasons, and the Board voted me to fill in the remainder of Henry's term. Henry has remained involved as best he's been able, and, will be running to fill the Treasurer's seat in the coming year. We are extremely fortunate to have Henry's expertise to guide us in the financial realm.

Last Fall, after bringing together data from numerous sources such as USCJ, the Pew Charitable Trust, Jewish Community Federation, along with the empirical evidence from Beth Ami membership lists and financial reports, your Board of Directors initiated a Strategic Planning process to look at the next 5 years and consider how to best insure the sustainability of Congregation Beth Ami in the areas of finance, leadership, personnel, membership and programming: Under what circumstances will CBA remain a viable entity? What kinds of changes might create a stronger institution? What is it we must preserve? What can we do to ensure the integrity of the CBA Mission and purpose? More on this further into my remarks. Many thanks to Ellen Mundell, Bonnie Boren, Bobbie Rosenthal, Arnie Herskovic, Juli Scherer, Carol Swanson and Paul Zygielbaum, of blessed memory, for steering this process. This process is not completed, and every member is encouraged to attend a focus group. We expect this process to be ongoing at least through the month of July. Let me know if you haven't yet gotten a call.

Two incidents of terrorism took place on American soil against 2 Jewish houses of

worship, with the intentional killing of men, women and children, each of blessed memory, members of our extended Jewish family. The unthinkable became reality. We might rationalize away why it could happen in Poway or Pittsburgh but we have had to acknowledge the fact it could just as easily happen here. This shock to our system has caused an invisible but very deep shift in how we move in the world. Thank you, Russ Gurevitch for initiating the Security Committee to consider the myriad issues involved in keeping our families, staff and campus safe.

This year we applied for and have received a 2nd Homeland Security grant valued at \$131,000. Thank you, Henry Cohn for your leadership submitting these requests. We begin on the first phase this summer (\$75,000) with a new fence and gates to be installed around the nursery school play yard, and the development of an emergency preparedness plan and training for the Friedman Center, the synagogue community and Beth Ami Community Nursery School. We are working closely with the Jewish Community Federation Security Specialist and are co-sponsoring the first Emergency Preparedness Fair in our parking lot on June 23, from 1–4 p.m. This is a community wide event, providing information for personal benefit as well as neighborhood and organizational preparedness. Please plan to participate. Volunteers are also needed—contact Judy Gunnar.

The Board of Directors voted to support the addition of a 5th classroom to the Nursery School program. Thank you to Sustainers' Circle members for underwriting the cost of the conversion. Beginning this summer, BACNS will convert rooms 12/13 to accommodate eight 2-year-olds daily and expanded programming for aftercare. All activities (meetings, classes, Chaverim, etc) that were held in those rooms will be re-directed to other locations on the campus, such as the library and multi-pur-



PRESIDENT'S PAGE

continued...

pose room. Please be sure every meeting and planned activity is on the calendar in the main office, or you may find yourself sitting in the courtyard or a chair fit for a 2-yr-old!

The Nursery School (Beth Ami Community Nursery School) is thriving. Thank you, Priscilla Lowell, Lara Brown and Jessica Joerger for your leadership, as well as Deborah Burg-Schnirman and Henry Cohn for experienced guidance. Young professionals willingly pay thousands of dollars each month for excellent and caring childcare such as they can count on at BACNS. Our nursery school has been open in Sonoma County for 40 years—the longest continuously functioning pre-school in the county. When BACNS started, 90% of the families attending were Jewish, and they moved from pre-school to religious school seamlessly. Because of changing demographics and needs, now we are thrilled that 45% of the families attending BACNS are Jewish (at least one parent identifies as Jewish) but we struggle to connect, engage and integrate those families into our synagogue community. This has significant ramifications for the congregation.

A subcommittee of Adult Education created a 9-part speaker series, held on the first Friday evening of every month, a Shabbat Dinner Series titled *Resilience, Hope & Recovery: Extraordinary Contributions and the People who Create Them*. This Series featured local (mostly) Jews who are doing amazing work in our community, helping people cope with tragedy and misfortune. The Series, inspired as a mechanism to bring our members together following the terrible fires of October 2017, was successful in attracting between 60 and 100 folks for Services, Shabbat Dinner and a presentation. The cost was underwritten by a generous grant from the Jewish Community Federation's Wildfire Relief Fund.

This past year, our religious school closed its doors because of lack of students. The tradi-

tional week-day classes no longer work for families. We will still have a USY group next year and Susan Miller, Rabbi's wife, has initiated the *Kool Shul* for Kindergarteners and 1st graders and their siblings. Once a month, 4–10 kids and parents show up on Saturday morning for a 45 minute class and then join the congregation for Bim Bom and lunch. Parents and kids are loving this program. Thank you, Susan. And many thanks to Judy Kupfer for doing her part in holding the religious school together as long as she did.

We see that the numbers of member units at CBA continues to decline—we're now at 158 members, down from 161 just 6 months ago. This is not to place blame, rather to acknowledge a challenging trend. We are not alone in experiencing this trend and the Board remains committed to solving this riddle.

Along with the lower numbers comes less revenue from congregants. Thank goodness the Friedman Center will again produce a robust surplus revenue so that our whole organization (CBA, Religious School & BACNS) will break even, or close to it, when the books are closed on FY 2019. Thank you, Andrea Nett. The Friedman Center is doing what it was purposed to do, and for that we are so grateful. Our thanks to Joe, Harry, Benny & Rosemary Friedman, all of blessed memory, for this gift to the congregation more than 30 years ago.

Another note of interest: 25 years ago, we were a 350-member congregation with a ½ day nursery school program attached that served primarily the Jewish community. Today, BACNS budget is twice that of the congregation itself, continuing to serve the general and Jewish community with a high-quality program. When what we offer is relevant and of high quality, people want to be engaged.

I want to thank Elizabeth Jarlsberg, Office Manager at CBA, for her constant attention to detail, acting as a focal point for our members



PRESIDENT'S PAGE

continued...

throughout the year. Many thanks also to Judy Gunnar who brings her enthusiasm, creativity and expertise to managing events, working with volunteers and making Beth Ami a welcoming place to be. And finally, to Rabbi Miller, who serves our congregation with warmth and wisdom.

I have a vision of this campus once again being a vibrant Jewish community center, including a traditional religious community, a prosperous event center, and programs that attract all ages: from pre-school, to teens, to young professionals, active seniors and our valued elders.

If you vote for me as your President for the next two years, know that this is and will be my focus. With my leadership, your Board of Directors will consider options and recommend changes and initiate changes. We'll be looking at ways to collaborate with other Jewish organizations to act as a magnet bringing relevant programs and activities to the campus, at once preserving what members value most, while moving us toward long-term stability in this location, and staying true to the Mission and Vision of Congregation Beth Ami.

Circling back to the Strategic Planning process, here's an update on what is happening: I would hope that you have been called to attend one of our *Future Focus* groups, usually 5-8 people who meet in a member's home and answer a series of questions. Responses and suggestions are all written down and we're be extrapolating common themes to help us shape the future. I have no doubt this is the right thing for us to be doing and will serve the best long-term interest of Congregation Beth Ami.

In a world where the only constant is change, I invite you, I ask you to stay close, be engaged, join a committee, invite a friend for tea or Shabbat Dinner, offer your expertise, help shape the future of this congregation so that it will be around to celebrate the 100th Annual Meeting!

I never doubt that each of you has the ability to dispel darkness and bring light into this world. I have faith in the collective: we can do this together; we must do this together.



His Sign-in Board

His Big Day

LD
Lisa Duncan
PHOTOGRAPHY

925-708-8936



LisaDuncanPhotography.com



ISRAEL FROM THE LEFT COAST

Bob Raful

A Half-Sister Saga

I am writing this column at the half-way point of a transition year, learning to be a widower, after 71 years with my beloved, Susy.

The topic is a planned 3-week Nostalgia Israel tour using a bucket list of places, people, memories—culled from the many prior trips we made. I will be traveling with several family members, beginning October 15. Here is a sample of items from the list:

Jerusalem—Yad Vashem—The World Holocaust Remembrance Center. We will walk thru the 10 major Galleries. There will be a longer stop at Gallery #9, where the Volary Story (Susy's) is told. If you want to see what we will experience you can open this link: https://www.yadvashem.org/yv/en/exhibitions/volary_death_march/index.asp

Holon—Cartoon Museum. Many years ago, we met the most famous political cartoonist in Israel at the time, Zeev Fargas (a Hungarian-friend of Susy's family). When he passed away, his two daughters (now our friends, too) developed and opened a major Museum about Political Cartoons—their Father's as well as other well-known artists. They chose Holon, a Southern suburb of Tel Aviv. It is a treasure of satire & political history.

*Sde Boker—*Thirty-one miles south of Beer-sheva is the area best-known as the home and resting place for Prime Minister David and Paula Ben-Gurion. Founders of a Negev desert kibbutz (1952), it has become a large farming community with the Ben-Gurion Institute and Archives, a solar research center and campus of the Ben-Gurion University of the Negev. Two miles south of the kibbutz is a large plaza with the graves of the prime minister and his wife. The site, chosen by Ben-Gurion, overlooks the dramatic Zin Valley. I make this visit every time I go to Israel.

Jerusalem—Food. In Jerusalem's famed Machane Yehuda open-air market (shuk) you can buy many different foods including fresh



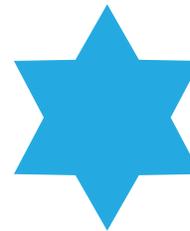
Rugelachs, chocolate and otherwise, at Marzipan Bakery and Pastry in Machane Yehuda

produce, spices, tea and coffee, olive oil, cheese, fish, meat, halva, baked goods and sweets to take home.

However, our first stop—the most important stop—is a world class bakery. Here is a quote from a

recent review: “Marzipan’s rugelach are probably the hottest commodity for any tourist or traveler visiting Machane Yehuda. When the rugelach are fresh out of the oven on a Friday morning, it is nothing short of heaven, as the gooey chocolate oozes out of each doughy bite and the whole thing just melts in your mouth. This classic place is a must.”

As you can see, we are planning for lots of “looking” and “eating”—will keep notes for a future Israel From the Left Coast report.





GREEN COMMITTEE

Tish Levee and Myra Thomas,
co-chairs

We've had a very successful year at Beth Ami in becoming a more sustainable, *greener* congregation. We've successfully implemented a comprehensive composting and recycling program with the assistance of our Zero Waste Specialist at REcology, Anita Migliore. We've already reduced our landfill bin from 4 to 3 cubic yards, saving the shul over \$131 a month—that's more than \$1572 a year! We'll be reducing this again in the next month or so.

We now have fully compostable coffee cups—they're double insulated so you only need to take one—which go directly in the *Green* compost bin. And, thanks to Sonoma Cutlery and its owner, Dylan Cohen—Judy Gunnar's son—we now have metal flatware—no more plastic to go in the trash.

Thanks to everyone who's worked so hard to make this program effective; special thanks to silverware washers—Richard Kahn, Myra Thomas, Barb McGee, and some others who seem to just appear magically after Shabbat.

So, what's next? That's a good question; we'd love to hear what's important to you.

Meanwhile, here's a challenge for all of us. Daily Acts has sponsored the Community Resilience Challenge for many years; now they're partnering with the Regional Climate Protection Agency and the Bay Area Air Quality Management District to launch the Sonoma Climate Challenge, where people can take actions varying in cost and difficulty to save water and energy and reduce pollution. Individuals earn points by taking actions, and, now they can form teams of up to 10 people or a community with unlimited numbers to compete in taking on challenges. There're over 60 actions you can take, many of them very simple—see the dashboard at sonomaclimatechallenge.org when you sign up.

Wouldn't it be great if we formed a community of members of Beth Ami? If you're interested, contact Tish, mitzvahmoments@sonic.net.



NURSERY SCHOOL NOTES

Priscilla Lowell
Early Education Director

Summer time has arrived and the Nursery School is a buzz with Summer Camp fun! We run a full day Summer Camp style program and have a few spots left. Enrollment is open all Summer while spaces are available. This Summer we are excited to have some special activities planned. Educators from the Sonoma County Bee Association will come for a visit and delight the children with an interactive presentation about the importance of bees. We will also get a visit from four ambassador cats from the Wild Cat Education and Conservation Fund. In addition to these in house visits, we will take an outing to the Hallberg Butterfly Garden in Sebastopol. Our Summer Program is sure to be inspiring, engaging and full of fun as we splash, learn, explore and discover our way through the season.

We are also very excited to announce the Nursery School is expanding! We will be opening a second two's room this Fall and are busy sprucing up the new space and getting it all ready for its grand opening in the new school year. There's still space in Fall, however we are filling up quick. If you or anyone you know is interested, please contact the Nursery School office for a tour and for more information about registration.





THE KITCHEN CORNER

Janet Stein-Larson

with Myra Stern-Thomas, Chair of the Kitchen Committee

Our last festival of the Jewish year has come and gone. We have all dined on cheesecake, blintzes, and studied the torah for Shavuot. The monthly Shabbat dinners are taking a vacation. They will restart in August. Our next Jewish holidays, Asar B'Tammuz and Tish B'Av, don't involve food, in fact they involve fasting.

Since it is quieter in the kitchen, we are cleaning and reorganizing our storage room. Due to our congregants generosity, we have outgrown our storage space. So we are, what's the term for this...ahh yes, simplifying so we can have extra space. As we progress, we'll put the excess items out in the social hall for members to take home if they wish.

For safety reasons, if you attend our Shabbat potlucks, you will notice we are not putting away any leftover prepared food. We ask our members to take the extra home or to be donated. Anything after that will be composted. This safety precaution is for some of our members who have immunity issues. For their health, we do not want to take any chances on re-using food. So please, if you attend our potlucks, if you take home our leftovers, it is appreciated.

We have new common sense security rules in our kitchen. To keep the synagogue secure, we don't open the door to the outside unless we know who and what is going on. We now have a camera peephole in our door. If you have a reason to go through the back door of the kitchen, ring the bell and we will see who is at the door before opening. If you are cooking, use the overhead fan to cool things off. An open door to the outside is not secure. We have head lamps hanging by the door that we can use at night for better vision. There should be two people going out to empty garbage, compost etc. If two people are not available, we strongly suggest you tie up the garbage, etc. and leave it in the kitchen until the morning (safety first—smell second). In fact, it is suggested that when you leave CBA you leave with a buddy. *Be safe.*

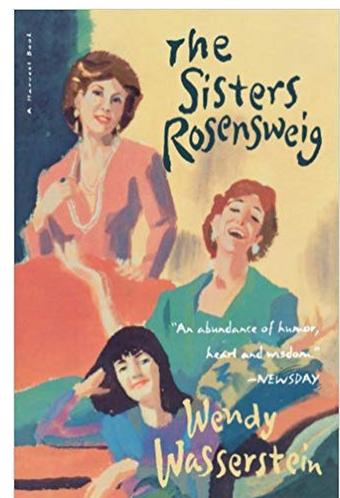
Remember, if you have any questions or concerns, please let us know. The Kitchen Committee (actually a subcommittee of the Religious Practices Committee) meets once a month to discuss various topics, issues, etc. You are welcome to join us, or leave a message with one of the members or at the office. Myra Stern-Thomas is our Chairperson.



ADULT EDUCATION

Drop-In Book Group, all are welcome!

CBA has a drop-in book discussion group which reads Jewish fiction writers. We participate in the SF Jewish Community Library's Book Club-in-a-Box which has over 130 titles to choose from. In the past yr. we've read works by Michael Chabon, I.B. Singer, and his brother I. J. Singer, Philip Roth, Meir Shalev, and others. Next selection is Wendy Wasserstein's THE SISTERS ROSENSWEIG, which is now available in our office to borrow. book that they have read recently. Sponsored by our Adult Education Committee, we are open to all CBA members & friends. Come join us for lively discussion, refreshments, & community. Next meeting is Wed., July 10 at 7 PM. Comments? Linda Emblen 544-4532.





YOUTH AND TEEN PROGRAMS

Rick Concoff, Director

Chaverim For Teens: What Is It?

The teenage years are an exciting and joyful time for parents and their kids. In Sonoma County for the past 23 years we, as a small, but strong Jewish community have been a consistent part of the support system for students and their parents. Over 600 Sonoma County Jewish teens since 1993 have chosen to mark their B'nai Mitzvah as a new starting point in Jewish education instead of the end of their education. Our retention rate of 80–95% of B'nai Mitzvah students is not easy to find anywhere in this country. We invite your teen to continue their Jewish education in a unique program called Chaverim, sponsored by the JCC of Sonoma County; led by long-time director and educator Rick Concoff. This program was built collaboratively with Congregations Shomrei Torah, Beth Ami, Ner Shalom, B'nai Israel and Shir Shalom to bring all our teens together in a joint Jewish education program. In addition, we strive to bring previously unaffiliated teens into our community of students. In the past years Chaverim parents and students have reached out and recruited 20 unaffiliated teens to join the various grade groups. This adds more diversity of experience as well as new social connections for the students. Looking towards next fall, as an 8th grader participating in Chaverim, you will have an opportunity to share in discussions, learning, social activity, leadership, and of course, *fun!* Chaverim meets once or twice each month during the school year, for a dinner, discussion and social connection. The evenings, which are scheduled for alternating Thursdays in the fall of 2018, feature a shared meal with the group and a discussion related to teen life through a Jewish lens. Students love the topics and there's lots of participation in the discussions. The students are excited to see a whole new dimension and side of Judaism and the social/educational component of the dinner

discussions provide a great place to relax and forget about day-to-day issues. Our Rabbis join us periodically for class discussions. Chaverim students also have opportunities to meet for social events, social action opportunities, as well as Jewish celebrations. Our year begins in September and we conclude events and final dinner discussions in late April or early May. The JCC's Teen Program also supports and endorses both USY and NFTY (SHORTY) and all of their events, and offers additional leadership opportunities for interested students. Any Jewish teen in 8th–12th grade in Sonoma County is welcome to join. It is not necessary to have had a B'nai Mitzvah to participate. Invite your Jewish friends. Join us! The incoming 7th graders will be hosted at a Chaverim Burrito Party, Spring date to be announced. That's a lot of information to encourage your involvement! Mazel Tov on the B'nai Mitzvah and all other joyful moments for your family.

So what happens at Chaverim, anyway? Students are called and texted on Sunday, to make sure they are not going to miss a great session of Chaverim. As the class begins, a not-too-busy-to-help-out parent drops off a dinner to serve a class of tired, hungry, often stressed out teens. One by one, the not-to-busy-to-come teens begin to arrive at the synagogue. Some, carrying school backpacks, some in soccer uniforms, and others in jams, T-shirts and slippers, greet each other as if they are at a summer camp reunion. Smart phone screens are flashing away, set aside for a moment to make way for a hello, a shout or a hug. Dinner follows a Motzie and a pleasant tapestry of conversation ensues. As the appetites wane and the plates empty, Rick's familiar chant of "Okay, let's make a circle, time to meet" rings out. Students crowd into a circle of chairs ceremoniously tossing phones in the middle of the circle, sometimes arranged into a fantastic sculpture by an energetic student. The chat-



YOUTH AND TEEN PROGRAMS

continued...

ter slowly dies down, followed by yet another traditional act, the passing around of a bag of tangerines, or cookies. Then, the moment arrives—*The Topic*. The topic could arise from a riveting current event, the approach of yet another Jewish holiday or just a compelling question. The discussion, most often coming through what we call a *Jewish lens* manifests in a collage of agreements, disagreements, interruptions understandings, and always the usual cacophony of infinite Jewish opinions. We weave our way through values, ethics, what-ifs and whys in an arena of 15–25 Jewish students. We tackle topics as lofty as gratitude, integrity, faith, belief, the purpose of life and even death. For example, “How did the world come to be?” and “What is the purpose of life?” There is the rare but occasional time when we find ourselves being sad together, or even mourning together. Whether our roots are Orthodox, Conservative, Reform or Secular we hold a space that is Jewish or Jewish as the kids say and essentially Hamish. We investigate so many of the decisions we have made, are making, and will make. We talk about what our Jewish future may look like, how we as Jews can build a better, safer and happier world, and how we can all find a way to get along, share and coexist. There is the sense of humor that permeates the class, something to conveniently fall back on during an awkward moment or extended quiet. A commonality and tribal sense between the kids is celebrated and enjoyed. Then the last comments are made; we dive for our phones, check for messages, visit in the courtyard and parking lot, head home, and some of us are driving ourselves. Sometimes we have a word or two with our parents about what was discussed and much of the time it is just too hard to explain, albeit a lot to ponder. A program of the Jewish Community Center, and supported by our synagogues, our Rabbis and of course

our parents, the students of Chaverim have stayed connected to the continuum of Jewish life and time, making a permanent place for it in their busy lives.

Chaverim Promotional Video—<http://www.jccsoco.org/teens/teen-program-chaverim/#video>.

Chaverim Registration Page —<http://www.jccsoco.org/teensyoungadults/chaverim-registration-2019-2020/>

If You (Or Your Teen) Is Already In Chaverim

Chaverim continues to serve teens entering 8th–12th grade from all five Sonoma County synagogues and the Jewish community at large. Our program provides a unique venue that inspires involvement in Jewish life. Students meet by grade level for weeknight dinner discussions, and are also encouraged to participate in other Jewish teen activities here and in the Bay area. Meetings provide the opportunity to experience social interaction and engaging discussions dealing with relevant emerging young adult issues as well as ethical topics—all through a Jewish lens.

Whether you can make all the sessions or just a few, membership in this program sets the stage to make a place for Judaism in your current life and in the future.

As one parent of a student recently said “We appreciate our kid’s sports and extracurricular activities. But really, most of them will only spend a few years in their young lives being in soccer or baseball or dancing or whatever it is that occupies their thoughts at the moment. They will spend their lives being Jewish, so let’s help them make Jewish engagement in life a habit.”

Newcomers are always welcome regardless of prior Jewish knowledge or experience.

Need more information? Call Rick at 707-477-9196, rick@jccsoco.org or 707-823-3916



SOCIAL ACTION SCOOP

Lyla Nathan

The Social Action Committee (SAC) is a committee comprised of many dedicated people who volunteer to spread good will and Tikun Olam to our Beth Ami Kehilla and the greater Sonoma County community. Thanks to our members: Susan Miller, Ellen Mundell, Judi Hyman, Carol Swanson, Lenore Holloway, Rita Kagan, Tish Levee, Cheryle Miller, Michelle Zygielbaum, Karen Herskovic, Bernard Soltes, Judy Gunnar and Lyla Nathan and Bobbi Rosenthal. (Co-Chairs). This year we made a commitment to have one activity a month in which we come together to help in the community.

We alternately serve dinner at The Palms, subsidized housing that serves previous homeless Veterans and clients from Catholic Charities, or volunteer at the Redwood Empire Food Bank. After we volunteer at the food bank we often go out for a fun dinner at a close by Mexican restaurant. We always hope that you will join us for either event. Great way to do some good and build community.

For many years we supplied Jewish Family and Children's Services Pantry food collected from members of Beth Ami. We also went to the food bank and picked up fresh food for the pantry. Unfortunately, JFCS has moved and doesn't have space for the pantry. Hopefully, someday, this needed service will return. However, we are still collecting food for the Redwood Empire Food Bank. So, please continue

to bring healthy, and low sodium items to the shul. There are thousands of hungry people in our area. The summer is a particularly difficult time for the food bank as people go on vacation and are less aware of the community needs. Remember, hunger has no calendar. Thank so much to everyone's continued support.

This year we joined with the nursery school providing needed toiletries for folks who could use an extra pickup. Thanks to Pricilla, her staff and the wonderful children and their parents for assembling over 100 bags. Never too early to start practicing Tikun Olam. We are hoping to have this joint activity next year.

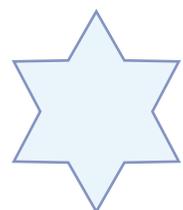
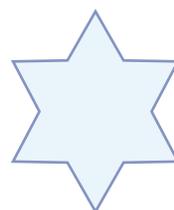
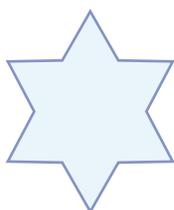
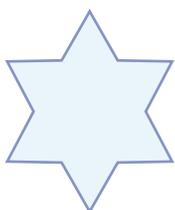
We also had a winter warm clothing and sleeping bag collection last year. We gave our items to The Living Room, a day shelter for homeless women and children. Thanks for everyone's generosity.

We participated in the Gay Pride Parade this year and hope to get more involved next year. Thanks to Rabbi Miller for always supporting the parade.

New members are always welcome to join SAC. We have monthly meetings, generally the first Tuesday of the month at 12:30.

Our next activity is at The Palms on Wednesday, July 17th from 4:30–6 p.m.

For more information please call Elizabeth Jarlsberg in the office 707-360-3000 or Lyla Nathan 707-526-7438. Thanks for supporting us and our community!



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Thank you!

Jewish Community Contacts

Hillel of Sonoma County

www.sonomahillel.org 707.795.5464

JCC, Sonoma County

707.528.4222, www.jccsoco.org

Jewish Community Federation

Carol Appel, 415.847.2992, carola@sfjcf.org

Jewish Community Free Clinic

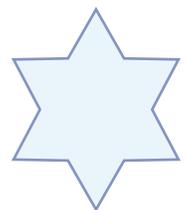
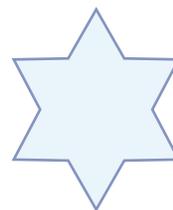
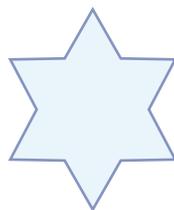
Donna Waldman, 585-7780,
www.jewishfreeclinic.org

Jewish Community Relations Council

Suzan Berns, 415/957-1551, www.jcrc.org

Jewish Family & Children's Services

707.303.1501,
www.jfcs.org/sonoma-county



BETH AMI GIFT SHOP



Introducing **My Tribe** the Judaica division of Sea Ranch Jewelry

Karen Anderson is the owner and designer. Our Beth Ami gift shop is now carrying the newest, most colorful, line of accessories featuring dyed tagua (tah-gwah) palm nut slices and recycled, handcrafted, glass beads fair-traded from Krobo artisans in Ghana. The tagua is ethically sourced directly from Ecuador and is also fairly traded. Tagua nut harvesting does not harm the palms from which they grow and so is a sustainable and eco friendly material.

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The next time you are looking for a meaningful way to celebrate a joyous occasion, remember a loved one, or comfort a mourner, please consider a donation to Congregation Beth Ami. When you make a gift, a card is sent to the honoree or the family and your donation is proudly acknowledged in the Shofar. The minimum donation for each occasion is \$7.50. Congregation Beth Ami truly appreciates your support.

Children's Education Fund

Happy Birthday to Elizabeth Jarlsberg—*Mark & Carol Rosen*

In honor of Carolyn Metz being elected as President—*Mark & Carol Rosen*

Thank you to Barb McGee for all her work preparing our Seder—*Mark & Carol Rosen*

General Fund

In memory of Esther Herskovic—*Arnold & Mienneke Drake*

In honor of Ishie Petlock—*Arnold & Mienneke Drake*

In memory of Jerry Lakins—*Asber & Lyla Nathan*

Mazel Tov to Miriyam Gevirtz upon the birth of her latest grandson—*David & Margorie Ballo*

Speedy recovery to Arnold Drake—*David & Margorie Ballo*

Continuing better health wishes to Anna & Dennis Judd—*David & Margorie Ballo*

Mazel Tov to Ronnie Roenbach upon her son's engagement—*David & Margorie Ballo*

Welcome new members Lindsay Kvam & Paul Kaltenbach—*David & Margorie Ballo*

In memory of Jerry Lakins—*Edee SternfieldSquires*

In honor of Binese Goldberg's birthday—*Edith Newman*

In memory of Jerry Lakins—*Fran Danoff*

In honor of being called to the bimah multiple times—*Ivan Barta*

In honor of being called to the bimah—*Ivan Barta*

In memory of Jerry Lakins—*Joseph & Rita Kagan*

In memory of Brian Gross—*Judi Hyman*

In memory of Jerry Lakins—*Judy Gunnar, Juli Scherer*

In memory of Paul Zygielbaum—*Melvin Decker & Judith Stern*

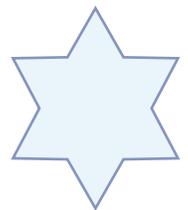
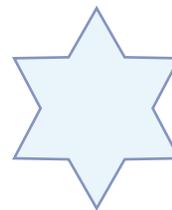
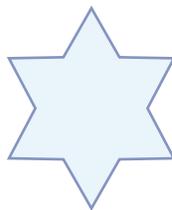
In memory of Jerry Lakins, husband of Susan Miller—*Melvin Decker & Judith Stern*

In memory of Esther Herskovic, mother of Arnold Herskovic—*Melvin Decker & Judith Stern*

In honor of Tish Levee & Myra Thomas for greening the synagogue—*Melvin Decker & Judith Stern*

In memory of Jerry Lakins—*Paul Kaltenbach & Lindsay Kvam*

In memory of Esther Herskovic—*Phil Weil & Bonnie Boren*





GENEROUS CONTRIBUTIONS TO OUR CONGREGATION

Continued...

In honor of Barb McGee & all her hard work for the Passover Seder

—*Richard Kahn & Anne Brown*

In memory of Esther Herskovic

—*Richard Kahn & Anne Brown*

In memory of Jerry Lakins

—*Richard Kahn & Anne Brown*

In memory of Brian Gross

—*Richard Kahn & Anne Brown*

Happy Birthday to Edith Newman

—*Stuart & Ethel Schy*

Happy Birthday to Evelyn

Gurevitch—*Stuart & Ethel Schy*

In memory of Barbara Boren, on the occasion of her yahrzeit

—*Stuart & Ethel Schy*

In memory of Jerry Lakins

—*Stuart & Ethel Schy*

In memory of Brian Gross

—*Stuart & Ethel Schy*

Harris Fund

In loving memory of Brian Gross—

David & Margorie Ballo

Israel

Programming Fund

In memory of Esther Herskovic

—*Robert Raful*

In memory of Jerry Lakins

—*Robert Raful*

Malk Fund

Happy Birthday to Edith Newman

—*Phyllis Shapiro*

In memory of Gary Greensweig's father—*Phyllis Shapiro*

Rabbi's

Discretionary Fund

A thoughtful donation

—*Barbara McGee*

In memory of Marge's parents, Betty & Oscar Mann

—*David & Margorie Ballo*

In loving memory of Jerry Lakins

—*David & Margorie Ballo*

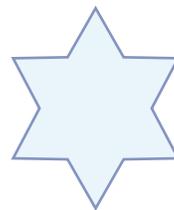
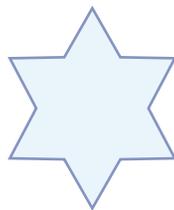
In memory of Jerry Lakins

—*Ed Harman & Bernice Fox, Robert Raful*

A thoughtful donation—*Susan Miller*

In memory of Jerry Lakins

—*Tish Levee*



Beth Ami Calendar: July

Monday, July 1
Office Open 10am-5:00pm
Tuesday, July 2
Office Open 10am-5:00pm
2:00pm Mishna Class
Wednesday, July 3
Office Open 10am-5:00pm
11:00am Study of Samuel
Thursday, July 4
Independence Day
Office Closed
Friday, July 5
Office Open 10am-2pm
7:30pm Erev Shabbat Service
Saturday, July 6
9:30am Shabbat Services
12:00pm Potluck Luncheon
Sunday, July 7
Rabbi Miller on Vacation
8:30am Morning Minyan
Monday, July 8
Rabbi Miller on Vacation
Office Open 10am-5:00pm
Tuesday, July 9
Rabbi Miller on Vacation
Office Open 10am-5:00pm
Wednesday, July 10
Rabbi Miller on Vacation
Office Open 10am-5:00pm
4:00pm Adult Ed Com Mtg.
7:00pm Book Discussion Group

Thursday, July 11
Rabbi Miller on Vacation
Office Open 10am -5:00pm
Friday, July 12
Rabbi Miller on Vacation
Office Open 10am-2pm
7:30pm Erev Shabbat Services
Saturday, July 13
Rabbi Miller on Vacation
9:30am Shabbat Services
12:00pm Potluck Luncheon
Sunday, July 14
Rabbi Miller on Vacation
8:30am Morning Minyan
Monday, July 15
Rabbi Miller on Vacation
Office Open 10am-5:00pm
5:00pm evening service
Tuesday, July 16
Rabbi Miller on Vacation
Office Open 10am-5:00pm
7:30pm Exec Com Mtg.
Wednesday, July 17
Rabbi Miller on Vacation
Office Open 10am-5:00pm
Thursday, July 18
Rabbi Miller on Vacation
Office Open 10am -5:00pm
Friday, July 19
Rabbi Miller on Vacation
Office Open 10am-2pm
7:30pm Erev Shabbat Services
Saturday, July 20
Rabbi Miller on Vacation
9:30am Shabbat Services
12:00pm Potluck Luncheon

Sunday, July 21
Rabbi Miller on Vacation
8:30am Morning Minyan
Monday, July 22
Rabbi Miller on Vacation
Office Open 10am-5:00pm
Tuesday, July 23
Rabbi Miller on Vacation
Office Open 10am-5:00pm
7:30pm CBA Board Meeting
Wednesday, July 24
Office Open 10am-5:00pm
5:00pm evening service
Thursday, July 25
Office Open 10am -5:00pm
Friday, July 26
Office Open 10am-2pm
10:00am Religious Prac Com Mtg.
7:30pm Erev Shabbat Services
Saturday, July 27
9:30am Shabbat Services
12:00pm Potluck Luncheon
Sunday July 28
8:30am Morning Minyan
Monday, July 29
Office Open 10am-5:00pm
Tuesday, July 30
Office Open 10am-5:00pm
Wednesday, July 31
Office Open 10am-5:00pm

Beth Ami Calendar: August

Thursday, August 1	Sunday, August 11	Wednesday, August 21
Office Open 10am -5:00pm	Tisha B'Av	Office Open 10am-5:00pm
5:00pm evening service	8:30am Morning Minyan	5:00pm evening service
Friday, August 2	5:00pm evening service	Thursday, August 22
Office Open 10am-2pm	Monday, August 12	Office Open 10am -5:00pm
6:00pm Erev Shabbat Service	Office Open 10am-5:00pm	5:00pm evening service
6:30pm Shabbat Dinner	5:00pm evening service	Friday, August 23
Saturday, August 3	Tuesday, August 13	Office Open 10am-2pm
9:30am Shabbat Services	Office Open 10am-5:00pm	7:30pm Erev Shabbat Services
12:00pm Potluck Luncheon	2:00pm Mishna Class	Saturday, August 24
Sunday, August 4	5:00pm evening service	9:30am Shabbat Services
8:30am Morning Minyan	Wednesday, August 14	12:00pm Potluck Luncheon
5:00pm evening service	Office Open 10am-5:00pm	Sunday, August 25
Monday, August 5	11:00am Study of Samuel	8:30am Morning Minyan
Office Open 10am-5:00pm	4:00pm Adult Ed Com Mtg.	5:00pm evening service
5:00pm evening service	5:00pm evening service	Monday, August 26
Tuesday, August 6	Thursday, August 15	Office Open 10am-5:00pm
Office Open 10am-5:00pm	Office Open 10am -5:00pm	5:00pm evening service
2:00pm Mishna Class	5:00pm evening service	Tuesday, August 27
5:00pm evening service	Friday, August 16	Office Open 10am-5:00pm
Wednesday, August 7	Office Open 10am-2pm	2:00pm Mishna Class
Office Open 10am-5:00pm	7:30pm Erev Shabbat Service	5:00pm evening service
11:00am Study of Samuel	Saturday, August 17	7:30pm CBA Board Meeting
5:00pm evening service	9:30am Shabbat Services	Wednesday, August 28
Thursday, August 8	12:00pm Potluck Luncheon	Office Open 10am-5:00pm
Office Open 10am -5:00pm	Sunday, August 18	5:00pm evening service
5:00pm evening service	8:30am Morning Minyan	Thursday, August 29
Friday, August 9	5:00pm evening service	Office Open 10am -5:00pm
Office Open 10am-2pm	Monday, August 19	5:00pm evening service
7:30pm Erev Shabbat Services	Office Open 10am-5:00pm	Friday, August 30
Saturday, August 10	5:00pm evening service	Office Open 10am-2pm
Erev Tisha B'Av	Tuesday, August 20	7:30pm Erev Shabbat Services
9:30am Shabbat Services	Office Open 10am-5:00pm	Saturday, August 31
12:00pm Potluck Luncheon	2:00pm Mishna Class	9:30am Shabbat Services
	5:00pm evening service	12:00pm Potluck Luncheon
	7:30pm Exec Com Mtg.	



July Yahrzeits

Secular dates correspond to Hebrew date of death.

Observance of yahrzeit begins at sundown the previous day.

All yahrzeits observed at Beth Ami.

Announced on July 5 & 6

- July 6 Bella Levine,
Former Mother-in-Law
of Gussie Levine
- July 6 Anna Seldowitz,
Grandmother
of Susan Miller
- July 8 Benny Friedman, Father
of Debra Chapman
& Bill Friedman
- July 8 Eugene Leeb,
Brother of Bill Leeb
- July 8 Irwin Levy,
Father of Janice Sternfeld
- July 11 Pearl Dove,
Sister of Betty Franks

Announced on July 12 & 13

- July 13 Murray Shapiro,
Father of Carolyn Orlik
- July 14 Bessie Harzman,
Grandmother
of Cheryle Miller
- July 14 Jean Inman,
Mother of Lee Feinstein
- July 16 Lillian Cohen,
Mother of Leonard Cohen
- July 16 Ellen Jane Rosenthal,
Mother of
Bobbie Rosenthal
- July 19 Barney Abrams,
Father of Patty Bernstein

Announced on July 19 & 20

- July 20 Samuel Weiss,
Grandfather of Dan Weiss
- July 21 Esther Morse,
Sister-in-Law
of Myrna Morse
- July 21 Joseph Robinson,
Father of Myrna Morse
- July 26 Joseph Leeb,
Father of Bill Leeb
- July 26 Amelia Olchovy,
Mother-in-Law
of Raynore Paule

Announced on July 26 & 27

- July 28 Morton Goldstein,
Father of Marilyn Diamond
- July 28 Abraham Olchovy,
Father-in-Law
of Raynore Paule
- July 31 Charles Sternfeld, Father
of Edee Sternfeld-Squires
- Aug. 1 John Ballo,
Father of David Ballo
- Aug. 1 Jeanette Friedman,
Grandfather
of Joslyn Metzger
- Aug. 2 Louis Shapiro,
Father-in-Law
of Phyllis Shapiro

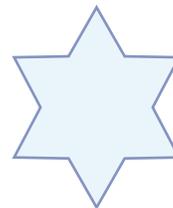
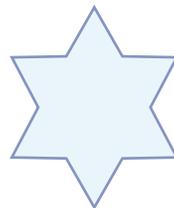
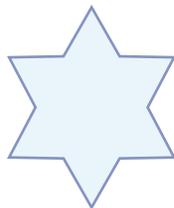
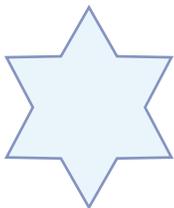
July Birthdays

If you do *not* wish to have your birthday listed in the Shofar, please contact the office

- 5 Rad Sommer
- 6 Lauren Newman
- 16 Henry Cohn
- 16 Andrea Nett
- 17 Terry Gurevitch
- 18 Dr. Michael Mundell
- 19 Connie Goldman
- 20 Marilyn Diamond
- 20 Rhonda Rosenbach
- 25 Maurice Jones
- 28 Patty Bernstein
- 31 Lee Mehlman

July Anniversaries

- 6 Lee & Paul Feinstein
- 12 Andrew & Susan Brown
- 25 Michael & Rayme Shapiro





August Yahrzeits

Secular dates correspond to Hebrew date of death.
Observance of yahrzeit begins at sundown the previous day.
All yahrzeits observed at Beth Ami.

Announced on Aug. 2 & 3

- Aug. 3 Louis Estrin, Grandfather of Charlene Bornstein
- Aug. 3 Ronda Heard, Sister of Stanley Feingold
- Aug. 5 Saul Gordon, Father-in-Law of Marjorie Gordon
- Aug. 6 Avraham Levanon, Brother-in-Law of Ahuva Simon-Saar
- Aug. 6 Ursula Schussheim, Mother of Karen Herskovic

Announced on Aug. 9 & 10

- Aug. 10 Alice Miller, Mother of Susan Miller
- Aug. 11 Lotte Batzdorf, Mother of Alfred Batzdorff
- Aug. 12 J.J. Mattson, Son of Tish Levee
- Aug. 13 Anita Herman, Grandmother of Howard Glickman
- Aug. 13 Vladimir Zelichenok, Brother of Rimma Rivkin
- Aug. 14 Herbert Newman, Husband of Edith Newman & Father of Carol & Michael Newman
- Aug. 15 Fredrick Marshall, Father of Carolyn Metz

Announced on Aug. 16 & 17

- Aug. 17 Sylvia Goldman, Mother of Ben Goldman
- Aug. 17 Sylvia Williams, Mother of Lenore Holloway & Bonnie Gee
- Aug. 19 Pearl Nathan, Mother of Asher Nathan
- Aug. 19 Emil Tsipan, Husband of Malvina Tsipan
- Aug. 20 Jeannie Nuttall, Mother of Jane Herman
- Aug. 22 Patricia Kauffman, Mother of Raphael Kauffman

Announced on Aug. 23 & 24

- Aug. 25 Willy Cohn, Father of Henry Cohn
- Aug. 26 John Rosenbach, Husband of Rhonda Rosenbach
- Aug. 27 Rose Volper, Friend of Ahuva Simon Saar

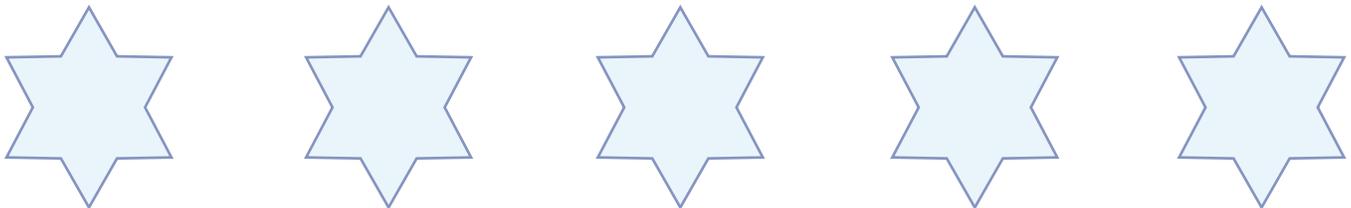
August Birthdays

If you do *not* wish to have your birthday listed in the Shofar, please contact the office

- 1 Dylan Cohen
- 1 Tad Shapiro
- 4 Suzie Friedman
- 4 Frederic Schloner
- 8 Howard Moss
- 8 Mark Rosen
- 10 Ivan Barta
- 12 Lyla Nathan
- 14 Francie Rogovin
- 14 Stuart Schy
- 15 Michael Shapiro
- 16 Simone Ravel
- 24 Jodi Cohen
- 24 Signe Minuskin
- 25 Susan Miller
- 26 Marc Bernstein
- 29 Larry Klapow
- 29 Paul Kobetz
- 30 Patrice LePera

August Anniversaries

- 5 Mieneke & Arnold Drake
- 11 Jane Herman & Anna Mollow
- 11 Michael & Lauren Newman
- 12 Dan & Blair Pleasant
- 12 Liz & Dan Weiss
- 14 Pnina Loeb & Jeff Richman
- 16 Bill & Kim Cordell
- 19 Karen & Arnold Herskovic
- 25 Elly & Len Cohen





Congregation Beth Ami

4676 MAYETTE AVENUE, SANTA ROSA, CA 95405

Address service requested

July Shabbatot

July 6

Korach

Candle Lighting—8:20 p.m.

Havdalah—9:25 p.m.

July 13

Chukat

Candle Lighting—8:18 p.m.

Havdalah—9:22 p.m.

July 20

Balak

Candle Lighting—8:14 p.m.

Havdalah—9:17 p.m.

July 27

Pinchas

Candle Lighting—8:08 p.m.

Havdalah—9:10 p.m.

August Shabbatot

Aug. 3

Matot/Massei

Candle Lighting—8:02 p.m.

Havdalah—9:03 p.m.

Aug. 10

Devarim

Candle Lighting—7:54 p.m.

Havdalah—8:54 p.m.

Aug. 17

Ve'etchanan

Candle Lighting—7:45 p.m.

Havdalah—8:44 p.m.

Aug. 24

Eikev

Candle Lighting—7:36 p.m.

Havdalah—8:34 p.m.

Aug. 31

Re'eh

Candle Lighting—7:26 p.m.

Havdalah—8:23 p.m.