

MAY/JUNE/JULY 2007

Everyday Holiness The Jewish Spiritual Path of Mussar Alan Morinis and Seymour Boorstein Friday, June 29, 7:30 p.m. services Saturday, June 30, times to be announced Congregation Beth Ami

We seek true wisdom wherever it is to be found, and one powerful source lies in Mussar, which is a 1000-year-old Jewish tradition, a spiritual discipline, a body of literature, a way of looking at the world, and a practical ethical philosophy all rolled into one.

Mussar developed as a transformative, introspective tradition within the Orthodox Jewish world and is now virtually unknown outside the world that fostered it. Yet Mussar offers precious guidance to all. It provides a step-by-step path to inner growth that can help all people to heal, change, and, ultimately, to blossom with the holiness that is the natural and universal potential of every soul.

Dr. Morinis' new book *Everyday Holiness: the Jewish Spiritual Path of Mussar* will be published in May 2007. In it, he lays out a step-by-step program that will allow anyone, regardless of his or her religious background, to engage in Mussar as spiritual practice and so transform his or her life.

His book *Climbing Jacob's Ladder* (Broadway 2002) – which *Spirituality and Health* magazine voted its book of the year – tells the inward-looking story of his discovery of Mussar and the way it transformed his life. A practitioner of Buddhist meditation since 1974, he is now the foremost contemporary interpreter of the teachings and practices of the Mussar tradition for the general public, to whom he regularly gives lectures and workshops. He has founded The Mussar Institute, which offers

IYAR/SIVAN/TAMMUZ/AV 5767

Sade the sources Friday, May 4 - Shabbat Dinner Friday, June 1 - Shabbat Dinner and Farewell to Juli Scherer Saturday, July 7 - Shabbat honoring Susanne Batzdorff

Thursday, June 7 6 p.m. BBQ and annual membership meeting

courses and programs of many kinds.

In his talks as in the books, he explores traits – including humility, generosity, gratitude, trust, honor, truth, lovingkindness, silence, patience, equanimity, enthusiasm, and faith – that most people need to cultivate in order to improve spiritually.

Alan will speak about his new book and the contemporary study of Mussar. Following will be a discussion with Dr. Seymour Boorstein, who is a *chevruta* (study partner) with Dr. Morinis on the teachings of the Slonimer Rebbe. The last part of the Shabbaton will be conversation with Alan and Seymour to bring psychological, contemplative and Mussar approaches to the study material.

Donations: \$5-\$25 to cover speaker costs and future speaker costs.

~Maralee Joseph

In this issue	B'nai Mitzvah page 11
Rabbi's Remarkspage 3	Generous Contributions
Events & Activities at Beth Amipage 4	Yahrzeits
Announcementspage 5	Anniversaries & Birthdays page 14-15
May/June/July Calendars hard copy only	May, June & July Services page 16
Your USYpage 9	Origins of Shavuot Study Sessions page 17
Literary Linespage 9	Jewish Community Events page 18
Israel from the Left Coastpage 10	Susy Raful Essay Contest - Winning Essay page 19
President's Pagepage 10	Advertisements pages 20-22
Religious Practices - Life Lessons page 11	Event RSVP Form page 23

CONGREGATION BETH AMI

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Rabbi George Schlesinger

Congregation Beth Ami Mission Statement

Through celebration, learning, prayer and community, we seek to enrich our lives, transform our hearts, help heal the world and sustain our Jewish heritage.

Congregation Beth Ami Vision

A vibrant, growing campus for Jewish living where the joys of Jewish values and rituals are made accessible and relevant to the everyday lives of our members. A flourishing, prospering congregation enjoying the wholehearted support, commitment and involvement of all our members.

	No	v Office Hours	all	our members.	
Hours of Operation Hours	on Monday Tuesday Wednesday Thursday Friday Saturday Sunday Elisabeth Religious 360-3000 rs@Beth/ Ruth Tur Friedman 360-3021 ruth@fried Susy Raf Margoles 360-3022 ort Susanne Librariar sbatz@so	Office 10 a.m 4 p.m. 10 a.m 4 p.m. 10 a.m 4 p.m. 10 a.m 4 p.m. 10 a.m 4 p.m. closed closed Van Nuys, S School Director AmiSR.org rner, n Center Director dmaneventcenter.com ful & Helen Se, Gift Shop Batzdorff,	Library 9 a.m 12 p.m. 3:45 - 6 p.m. closed 3:45 - 6 p.m. closed 9:15 a.m 12:15 p.m. Rick Concoff Kehillah Director 360-3000 Sharon Benson, USY Advisor (858) 735-8816 scusynf@hotmail.com Call the office at 360-3000 to leave a message for: •Rosalie Schweit, Gift Shop Invitations •Patty Bernstein, Torah/Haftarah Reading	Gift Shop (June & July closed by appointment) 3 - 5 p.m. closed 3 - 5 p.m. closed 10 a.m 12:30 p.m. DEADLINE FOR AUGUST SHOFAR MONDAY, JULY 16 All editorial submissions must be received in the Shofar box in the Beth Ami office or via email on or before the deadline. All submissions are subject to editing for clarity, brevity and content. Please submit articles as Microsoft Word documents via email attachments. Contact Karen	
2006-2007 OFFICERS AND BOARD OF DIRECTORS President, Andy Fler andyflem@gmail.com Treasurer, Henry Co henry_s_cohn@yahoo. Secretary, Robin Win robinwinning@sbcgloba VP for Administration Al Batzdorff abatz@sonic.net VP for Youth and Education, Dave Ball david_ballo@agilent.co	Susanne sbatz@so Nursery Committ Co-Chai judy Gui judester@ Richard com rbl@sonic nning al.net n, basberyl@ Religious Committ basberyl@ Religious Committ basberyl@	School tee rs, nnar ocutleryweb.com Lazovick c.net s Practices ree Chair, rnstein Osonic.net s School ree Chair,	Youth Programs, Michele Guttenberg clarityink@aol.com Members at Large Zach Baurer zach@gandgfoods.com Bonnie Boren b_boren@sbcglobal.net Richard Kahn brownkahn@comcast.net Members Ex Officio Rabbi George Schlesinger rabbi@BethAmiSR.org Marcia Gladstone mglad@sonic.net	Gould, Editor, at 360-3000 or at gouldk@sbcglobal.net with corrections, concerns or questions. The <i>Shofar</i> is a periodical issued monthly except for a combined May/June/July issue. It is published by Congregation Beth Ami, 4676 Mayette Avenue, Santa Rosa, CA 95405. All members in good standing receive the periodical free. Yearly subscriptions are \$25.00. This month's issue is: Volume 12 Issue 9 Issue Date: May 1, 2007	



As we approach the end of another year, the synagogue is again facing many changes, and I have very mixed emotions about these changes. On one hand, there are exciting and vital programs happening all the time. I often hear from members about the wonderful, creative, exciting programs that we continue to offer. This is gratifying and we owe much thanks to people like Andrea Nett, Nancy Fleming, and Sheila Katz Feiwell (and she's not even a member of Beth Ami) who have worked hard to ensure that we have programs, activities and guests who expand our knowledge and touch our inner spirit. On the other hand, I'm disheartened that longstanding programs are being fazed out, certain volunteers and staff members are moving on, with the resultant new faces that will be joining us in the coming year.

On the positive side of the equation, this year we were blessed with Yofiyah coming to us in October, with Rabbi Michael Gold as our Scholar-in-Residence in November, Cantor Howard Shalowitz in March and Cantor Martin Levson in April. We had a class on Israeli film co-sponsored by Lehrhaus Judaica in Berkeley and another segment of the Heritage: Civilization and the Jews, also in October. In June, we're looking forward to another Scholar-in-Residence weekend with Alan Morinis, an internationally renowned teacher of and writer on Mussar. Our own Mussar teacher Maralee Joseph has arranged this weekend for us.

But as much as we're excited about all the programming in our congregational life, we also must face some hard realities.

As you've read elsewhere in the *Shofar*, we have decided to suspend our morning Minyan unless there is a special request in order to say Kaddish.

Over the last few years, as members of the minyan have aged and are unable to attend, or have passed away, or have moved on in their religious commitments, it has become increasingly difficult to find the requisite ten people for minyan. Still, we've continued to meet and recite all those prayers permitted without a minyan, but the number of attendees rarely has surpassed five or six and on some occasions has been as few as two. Ultimately, there is no commandment requiring attendance in the synagogue; the mitzvah is to pray...and that can be done anywhere. Coming together to pray fulfills the role of the synagogue as a Bet Tefillah (a House of Prayer) but also its role as a Bet Knesset (a House of Assembly), and bit by bit fewer people came to assemble. Those who have faithfully attended the morning minyan maintain their commitment to be present when requested, and thankfully, whenever there is a special request we have a wonderful response and as many as thirty people attend. But for the foreseeable future these few individuals will fulfill their mitzvah for daily prayer without the pressure of being in a particular place at a particular time. It is a sad day for a Conservative congregation.

The Sunday morning Meditation Hour is also morphing into something different. As with davening, meditation is something that can be done almost anywhere and as our numbers have dwindled as well, we have decided that perhaps it would be better to meet less frequently (four or five times yearly perhaps) for special occasions than to meet weekly as we have for nearly three and a half years. This is also sad.

As you may remember, we announced last year on the High Holy Days (and in March as he was honored) that after many years Brooke Kantor, our Yom Tov cantor was retiring and moving to Mexico. It will be difficult to fill his shoes. Our Ritual Practices Committee is looking into the possibility of hiring a professional cantor for the holidays, but we must realize that for years we were blessed with a VOLUNTEER who had both the desire and the skill to aid his congregation...to add his voice to the grandeur of the holidays and to spare the congregation the expenditure of thousands of dollars each year. We will miss Brooke and wish him and Carolyn a very pleasant retirement.

After spending time in the office as a member of our support team and two additional years as executive director, Juli Scherer has decided to return to Korea. This is a loss for us and for the community. Juli immersed herself in congregational life from the very beginning. When she arrived, she regularly attended services finding a home for herself in our midst. In response to a High Holy Days sermon I gave, Juli learned how to read Torah and it has been personally fulfilling (for me and for her) to see her up on the Bimah reading Torah for the congregation. I will also miss her prodding me to get out on my bike more frequently than I do. She has been a wonderful colleague and an asset to the congregation. I've greatly enjoyed working with her.

And, in a tremendous blow to the synagogue, Susanne Batzdorff has announced her retirement from the Celia Gurevitch Library. Twenty-five years ago, she volunteered to be our temporary librarian and throughout these years the library has grown and expanded. Susanne has overseen the growth of our collection and through her leadership, we have gained a national reputation as a library of excellence. After temporarily "filling in," Susanne has decided to leave her post and to pass those reins on to someone else. We will miss her as well.

Finally, there will be a new director in the Nursery School next year. After nearly four years, Lenore Monsour will not be returning, and the congregation is already in the process of searching for a successor. Lenore was a terrific advocate for the children and was greatly beloved by the parents.

As a dynamic organization, we're used to change and growth and as we return in August, let us hope that our future path will be clear and strong.

Have a wonderful summer.

EVENTS AT BETH AMI



Torah & Talmud Study Thursday evenings

Torah/Bible Class

Talmud Study

April 26 May 10 June 14 June 28 May 3 May 17 June 21

Location: Friedman Center Board Room. Time: 7:00 pm.

For your convenience the Beth Ami office is now open from 10 a.m. - 4 p.m. Monday - Friday.



Rosh Chodesh Sivan Thursday, May 17 7 p.m. Beth Ami Chapel

Mark your calendars! After a truly inspirational gathering for

Chodesh Iyar, in line with Yom Ha'atzmaut (Israel Independence Day), we listened to and shared different "Israel Experiences" (and Israeli food, of course). The turn out was brilliant – and thank you all who showed up to share! We have decided to open up the next gathering to be each and everyone's chance for fresh input and new ideas. Now in our 5th year, this is your chance to take part in changing the face and format of Rosh Chodesh! Please join us and have your bright ideas heard and help us keep this wonderful tradition alive. All Jewish women welcome. No affiliation necessary Please RSVP to let us know you'll be there to Vivian Klein 538-8679 or Bonnie Boren 528-1628.

For Tammuz, Av and Elul gatherings this summer, keep posted to the Beth Ami Cybershul!

5767 Rosh Chodesh Women's Gatherings

- ◆ Tammuz, Saturday, June 16, PJ Havdalah, Private Home
- Av, Monday, July 16, 7 p.m., Friedman Center
- Elul, Wednesday, August 15, 7 p.m., Friedman Center

Ongoing programs at Beth Ami

TUESDAY

◆ Torah study with Rabbi Schlesinger every 2nd & 4th Tuesday at 10 a.m. in the Friedman Center Board Room. No class in July ◆ Conversational Hebrew with Judy Clack

•Conversational Hebrew with Judy Clac Beginning Level, 10-11 a.m., Room 14

♦ Israeli Folk Dancing

7 p.m., Friedman Center. For more info contact Leanne Schy at 528-4874 or Leanne@sonic.net.

WEDNESDAY

◆ Exercise Class, 11:30 a.m - 12:30 p.m. Social Hall offered by the JCC Friendship Circle

THURSDAY

♦ Conversational Hebrew with Judy Clack Intermediate Level

10-11 a.m., Room 14

♦ Torah & Talmud Study with Rabbi Schlesinger,
7 p.m., Friedman Center Board Room.
Please see schedule at left.

Friday

◆Exercise Class, 10-11 a.m., Social Hall Class meets in the Social Hall every Friday, except for the first Friday of the month when class will be held in lounge. *offered by the JCC Friendship Circle*

♦ Shabbat Yoga, 4:30- 5:30 p.m., Lounge, 1st Friday each month. Call Hannah Caratti 578-4040 for more information.

SUNDAY

11a.m. - 12 p.m. Adult B'nai Mitzvah Class. No class in July.

The 24nd Annual Book Discussion Series



Our next meeting will take place Wednesday, May 2 at 10 a.m. in Room 12-13 at Congregation Beth Ami. Alfred Batzdorff will moderate a discussion of *Ten Thousand Lovers*, by Edeet Ravel.

Subsequent titles are:

Foiglman, by Aharon Megged, June 6 *Like Never Before,* by Ehud Havazelet, July 11

For additional information call Susanne Batzdorff, 538-9731.





Announcements

Thank you to our Beth Ami community for your generosity of spirit, time, and tzedakah in memory of my father, David Abrahams z"l.

Ellen Brosbe and family

It was extremely gratifying to get notices of so many donations in honor of our recent anniversary event. Sincere thanks to our Beth Ami family. *Susy and Bob Raful*

I would like to express my appreciation to Rabbi George Schlesinger and Rabbi George Gittleman for coming to visit me in the hospital and also for the many calls, get well cards, visits, and flowers that I received from my two congregational families.

~Lillian Judd

Need a minyan? Please call

Regular weekday morning services (Sunday, Monday, and Thursday) will be suspended beginning Monday, April 30. We just can't seem to get 10 people on a regular basis—in fact, it's rare to get 6! So, if you have need of a minyan (e.g. to say Kaddish), please call the office a week ahead of time to arrange for a morning service.

THE BETH AMI COMMUNITY OFFERS ITS CONDOLENCES TO Susy Boimoil Lipsin and her family on the death of her father and to Hella Margolin's family on her recent death.



JEWISH COMMUNITY CONTACTS

Hadassah, Rose Ann Premi
Hillel, David Rubinstein
Eva Seligman-Kennard
JNF-Trees in Israel, Shevi Posman
Jewish Community Free Clinic, Karuna Gerstein 585-7780
Jewish Community Info & Referral 1-877/777-5247
JUDY MUSANTE Jewish Community Relations Council 415/957-1551
SUZAN BERNS
Jewish Family & Children's Services
Diana Klein
Jewish Community Center

Welcome to our new members Birgit & Gregory Sacher and their sons Evan and Cadel.

New website online at bethamisr.org

Beth Ami is proud to announce that our new and improved website is live and online. We encourage all congregants and the whole community to visit it at

http://www.bethamisr.org/. The site is updated twice per month so it should become a resource for current information. The calendar is updated even more frequently, and can be accessed right from the homepage for very current information and event details. Since a website is a dynamic, never-finished project, we encourage you to visit it often as more and more information is added and updated.

We are thankful to the entire website committee for making this goal come to life: Karen Gould, Chair; Adrea Moss, Jenifer Levini (Owner, Web Presence), Patty Bernstein, Leanne Schy, and Richard Lazovick.

Mitzvah moments

Here are some quick things you can do over the summer to help heal the world; most of them only cost a few moments (or less) of your time.



1) While traveling, pick up hotel soaps, shampoos, etc. for The Living Room, a drop-in shelter for homeless women and their children, at 636 Cherry St. You can call Tish Levee at 526-9864, regarding getting them to the Living Room.

2) Bring staple food for the Redwood Empire Food Bank—the barrel is in the lounge. Canned tuna, peanut butter in plastic jars, rice, beans, and pasta are all especially needed.

3) Donate blood! The Redwood Empire Blood Bank does not have an upper age limit, and there are only some medications that rule one out as a donor. Blood and blood products are vitally needed at all times. Call them at 545-1222 for more information.

If you are online, try clicking on some of these sites: thebreastcancersite.com, thehungersite.com, thechildhealthsite.com for an opportunity to help fund mammograms, feed the hungry, and improve child health, just by clicking on the site daily. All it costs is a few seconds of your time. Check out their catalogs, especially the one at thehungersite.com, Your purchases—with low cost or free shipping—help support these goals, too. While you're online, go to https://

www.donatelifecalifornia.org/register/ and register to donate your organs, corneas, etc. if, G-d forbid, you should die. Regardless of age or health, there are often many parts of us that can help others. ~*Tish Levee*

 $MAY\,CALENDAR\ \text{-}\ hard\ copy\ only$

JUNE CALENDAR - hard copy only

 $\ensuremath{\text{JULY}}\xspace$ CALENDAR - hard copy only



Time to say goodbye... Congratulations to our very own SCUSY member Haley Pleasant for winning the Susy Raful essay contest. We are so very proud of you! Last month's event, "The Chocolate Seder," was such a success! We drank four cups of chocolate milk, ate bitter chocolate, had apples dipped in chocolate and followed the prayers too. I want to thank everyone involved for making April's event such a success. As May Convention approaches it signals the annual "8th Grade Kidnap" is near. We will contact all 8th grade parents the week prior to the event with the details. SCUSY members please be on the lookout for your



application in the mail. In order to raise money for the end of the year, SCUSY has decided to hold a carwash. Come support us with your dirty vehicles on Sunday, May 20 (last day of Religious School). Please be on the look out for our flyers with

more details. Lastly, I'd like to thank all USYers, parents and Beth Ami administrative staff for making my first year such a memorable one. I couldn't have done it without your love and support and look forward to more memories next year. Until August...Sharon Benson SCUSY Advisor www.scusynf.com





The "Temporary Home of the Celia Gurevitch Library" was originally conceived to house our library until a larger facility could be built some three years later. From this "temporary" abode I am announcing my retirement as your librarian as of June 30, 2007. I bid a fond farewell to you, my fellow-congregants and to all who over the years have supported, nurtured and helped to run the library, which I took over when I came to Santa Rosa in 1982 and which has grown from some 800 volumes to approximately 4,000 plus several hundred audio and video tapes and a few CDs and DVDs. From a card catalog we graduated to a computerized catalog, accessible from your home computer and to a computerized circulation system. We have survived a flood, financial woes and constant constraints over lacking space and sufficient staff.

A bit of history from our first ever annual report, written in the summer of 1986:

"The library dream began on May 22, 1983, when a group of ten, a minyan, met and resolved to find a usable space for a library. That summer, the board approved a plan to enclose a roofed space the size of a classroom adjacent to the synagogue office.

A preliminary dedication took place in November 1984. A brass plaque was attached to the door and the library was named the Celia Gurevitch Jewish Library. Celia was there on that November day, listening to speeches and reminiscing about the changes she had witnessed in the long years she had lived in Sonoma County. She remains a potent inspiration and guiding spirit to our library effort. Her family continues its concern with the Library."

This message does not spell the end of our library. It merely means that by the end of June, my tenure as Librarian of the Celia Gurevitch Library, a volunteer position I assumed in 1983, will come to an end. I shall retire. Running this library has given me much joy, but also some challenges. It was, in a way, my baby. But now that the baby has grown up, I sincerely hope that it will continue developing under new leadership, to serve the Jewish community of Sonoma County.

Thanks to all who have helped to keep this library growing and flourishing. I trust that you will continue to use and sustain it.

Library hours (until May 20): Sunday 9:15-12:15 Monday 9-12; Tuesdays & Thurdays 3:45-6 Watch for the announcement of summer hours beginning May 21.



ISRAEL FROM THE LEFT COAST Bob Raful

I got a wonderful, feel-good Pesach story from Jerusalem friends, Rabbi Andy Sacks of the Masorti Movement and Joan Kedem, of our "Agron St." Shul. Joan is the key person, working as Coordinator of our Outreach Project. Here is their story:

"Israelis who serve in the Israel Defense Forces return home for Shabbat when the family gathers around the dinner table for a home-cooked meal. It is a time for soldiers to reconnect with parents, siblings and friends and take care of routine errands and chores. It is also a "given" that IDF soldiers spend holidays and festivals with family.

There are those in the IDF who have made aliyah as adolescents or young adults, entering the country through the Jewish Agency, without their parents or the benefit of any family support. Committed to Israeli life and culture, they have no close relatives here to welcome them home on weekends and longer leaves from bases. They are known as LONE SOLDIERS.

The Outreach Project of Beit Knesset Moreshet Yisrael Yerushalayim (Agron St.), a Masorti congregation now embraces more than 250 young men and women Lone Soldiers. All have remained to study and work after their army service is completed and stay connected to the program.

On the Eve of Pesach 212 soldiers received their Pesach presents. The distributions, on Friday, March 30 was in the foyer of our synagogue and it was a happy noisy get-together. We were joined by Rabbi Andy Sacks and two members of our shul. The soldiers received gift coupons from Supersol, Pesach cookies from the English Cake Bakery and packages of a variety of Pesach nuts.

The distributions, for every festival, to these LONE SOLDIERS living in Jerusalem and its periphery have become a joyous occasion and come they do, for the company of friends, as well as for the gift coupons, traditional holiday food treats, warm clothing, bed linens, blankets, heaters and fans (seasonal); and personal care items. It is always a lively scene.

The program also provides much appreciated financial assistance. Without family backing, it is enormously difficult to afford some basic needs, let alone the extras. I continue to arrange grants and loans to those who apply for help. None of this would be possible without the support of members of our Moreshet Yisrael family, both local and overseas; and from the leadership of the Masorti Movement both in Israel and abroad.

I am indeed very proud of these special Olim."

PRESIDENT'S **P**AGE Andy Fleming

Having reverence for the pains of change

It is extraordinarily important to acknowledge that change is difficult. I have spent a considerable amount of time during my presidency thinking and writing and speaking about how to manage change in our synagogue community. A scholar and student of leadership and change, Ron Heifetz, makes the point that "when faced with an adaptive challenge (as opposed to routine technical problems), the real work is in figuring out what is precious and essential and what is expendable; what is at the core, and what is not; what can change, and what can not." The challenge of reinvigorating and transforming an institution rich in tradition, such as Beth Ami, is such an "adaptive challenge." The process is ongoing, and long range.

I want to make a significant start on such a process in the coming year. But first our community has to work through the impact of two significant changes that will occur this spring. Both Lenore Monsour, who has been the director of the Beth Ami Nursery School for almost four years, and Juli Scherer, our Executive Director, are leaving Beth Ami at the end of May. The loss of Lenore is unsettling to many parents of our pre-school children, and introduces uncertainty to the teaching staff. Juli, of course, has been the key component guiding synagogue operations. Most of us have been touched by her work here; she is one of the "faces of Beth Ami," representing us effectively and providing all sorts of support to members (Juli has accepted an exciting teaching opportunity in Korea, where she formerly lived). We will miss them both.

Ron Heifetz teaches that "people are actually *not* resistant to change; we resist the *loss* that inevitably accompanies the change." The departure of two important people in our synagogue lives is a loss. We will experience all sorts of emotions, ranging from sadness to apprehension, even grief. But the difficulties created by loss should not prevent us from seeing the opportunities that change provides. We thank Lenore and Juli for their many contributions to Beth Ami. Our challenge is to see this change as an opportunity for assessment and renewal.

For better or worse, one thing will not be changing in the next year. I would like to serve as your president for a third year. I have enjoyed my term, but I want to stretch it out a bit longer. I sense that we have made a good start on the journey of understanding ourselves and I feel that I have a firmer grasp on my own understanding of our community. During the coming year, I want to use the experiences of other synagogues to help us find our way to transform our own. I hope to speak with many of you in the coming months, sharing my thoughts and seeking your help.

Finally, I wish to thank all of you who helped Nancy and me plan our trip to Israel, or shared your enthusiasm and interest with us. Having a community that cares about one's first trip to Israel is a surprisingly moving experience. We especially treasured being sent off and welcomed back into the community so warmly.

Thank you.



Life lessons

Praised are You, L-rd our G-d, King of the universe who with wisdom fashioned the human body, creating openings, arteries, glands and organs, marvelous in structure, intricate in design. Should but one of them, by being blocked or opened, fail to function, it would be impossible to exist. Praised are You, L-rd, healer of all flesh who sustains our bodies in wondrous ways.—from the weekday morning service, Siddur Sim Shalom

Many of you know that my brother Michael Abrams and his wife Yvonne passed away in March—just five days apart. May their memories be for a blessing. You might have thought: automobile accident ... but no, remarkably, they died of natural causes—albeit, quite unexpectedly. Their lives and deaths brought to mind the prayer I've quoted above and a couple of other "life lessons" I'd like to share. (They're not new, but I think they bear repeating.)

1. Life is precious, fragile, and unpredictable. We cannot take anything for granted: smell the roses, exercise, eat well, remember to say "thank you," love each other, praise G-d.

2. Everything you do counts on your "permanent record." My brother was loyal to a fault and continued to be friends with his elementary school classmates; my sister-in-law acted to make the world a nicer, more beautiful place for all beings. We'll miss them greatly.

And there's another lesson: community support helps take the sting away. I so appreciate all of the kinds of embraces our Jewish community has offered to Marc and me—from condolence cards and donations to charity, to invitations to seders and hugs, both virtual and face-to-face. One congregant even called to ask when she might come help me clean for Pesach. Thank you all.

Mila Gould 16 Sivan 5767 June 2, 2007

My name is Mila Gould and I will become a Bat Mitzvah on June 2nd. I am a 7th grader at Rincon Valley Middle School. I like to ride my horse Rosie, be with my friends, listen to music, and read. I show Rosie, and have been riding since I was seven. I love just being around horses, as well as riding them. My family as well as I look forward to seeing you as I become a Bat Mitzvah.





HANNAH BAURER 23 SIVAN 5767 JUNE 9, 2007 Hi everyone,

My name is Hannah Baurer and I will become a Bat Mitzvah on June 9. I am in 7th grade at Rincon Valley Middle School. I'm very involved in the Leadership program at RVMS. My favorite things to do are text message my friends, play soccer and shop and shop some more! I started at Beth Ami in the Twos Program and here I am today. I

would like to say thank you to Marcia, Elisabeth, the Rabbi and my parents for helping to make this special time

in my life happen.

Samuel Haley 30 Sivan 5767 June 16, 2007

My name is Samuel Haley and I will be having my Bar Mitzvah on June 16. I look forward to this step in my Jewish upbringing as my relatives before me have done. I am a seventh grader at Windsor Middle



School. I enjoy reading, swimming, soccer, and hanging out with my friends. I am on a competitive swim team, I have been racing since I was five years old. I enjoy swimming as it is a physical and mental sport, it helps me take my mind off of things such as homework. My favorite stroke is butterfly. I have three sisters, Hannah, Sarah, and Leah. I enjoy being a big brother to them and doing activities as a family. My parents Robert and Alisa have helped me with Judaic studies as well as my secular school. They have been a big support in everything I do. My family and I hope you can join us as I become a Bar Mitzvah.

Mazal Tov to our B'nai Mitzvah



GENEROUS CONTRIBUTIONS TO OUR CONGREGATION

The next time you are looking for a meaningful way to celebrate a joyous occasion, remember a loved one, or comfort a mourner, please consider a donation to Congregation Beth Ami. When you make a gift, a card is send to the honoree or the family and your donation is proudly acknowledged in the *Shofar*.

The minimum donation for each occasion is \$7.50. Congregation Beth Ami truly appreciates your support.

CJEEF

In memory of Julie's father, Morris Trichter Julius & Dee Trichter GENERAL FUND

In memory of Michael & Yvonne Abrams, brother & sister-in-law of Patty Bernstein Lindsav Kvam **Rosh Chodesh Planning Committee -**Vivian, Nancy, Ina, Ellen & Bonnie Judi Rosenthal **Ruth Turner** Ethel & Stuart Schv Tish Levee Edith Newman Andrea & David Rubinstein Eli & Yona Miller In memory of my brother, Bill Friedman **Robin Rose** In honor of Avi Ballo becoming a Bar Mitzvah Eran, Anne & Fred Matalon In memory of Joseph Meyer Jane Meyer In memory of Michael Abrams In memory of David Abrahams, father of Ellen Brosbe Yaakov Mossman In honor of the 60th anniversary of Bob & Susy Raful Elsie Rich **Ruth Turner** Jeanne Levin **Rosalie & Les Schweit** I'd like to thank Bob & Susy Raful for their kindness in helping me Hella Margolin In memory of Michael & Yvonne Abrams In honor of Susy & Bob Raful's 60th wedding anniversary **Helen Dresser** In memory of my father, Isaac Monoson **Rosalie Schweit** In honor of the Bar Mitzvah of Jerry Wilson In honor of the 35th anniversary of Rabbi George and Paula Schlesinger In memory of Michael Abrams With thanks to Val Kreger and staff for a wonderful Purim event In memory of David Abrahams, father of

Ellen Brosbe Marcia Gladstone In honor of Bob & Susy Raful's 60th anniversary Lee & Carol Tager In appreciation of Andrea Nett's contributions to CBA and especially her wonderful meals Speedy recovery to Lillian Judd In memory of Hella Margolin Tish Levee In honor of Bonnie Boren and Phil Weil Craig Brod and Janet Weil In memory of Elizaveta Gaiger Marina Voulfson In loving memory of Hella Margolin Elsie Rich Geneveive Fire-Halvorsen Wendy Friesner Wayne & Sylvia Brigden In memory of Hella Margolin In honor of Susy & Bob Raful's 60th wedding anniversary Edith Newman A generous donation **Darrell Watkins** In memory of Yvonne & Michael Abrams In honor of Ann Feibelman's acceptance to rabbinical school Judi Rosenthal

GIFT OF ISRAEL FUND In honor of the Raful's 60th wedding anniversary Stuart & Ethel Schy

KEHILLAH FUND A thoughtful donation *Anonymous*

LIBRARY FUND In memory of my father, Benjamin Miller In memory of Michael & Yvonne Abrams In memory of David Abrahams, father of Ellen Brosbe *Susan Miller* In memory of Ralph Gurevitch In honor of Al & Sue Batzdorff's anniversary In honor of Bob & Susy Raful's anniversary *Leo & Evelyn Gurevitch*

MALK FUND

In honor of the 49th anniversary of Harvey & Shelly Davis In honor of the Raful's 60th anniversary with love, Phyllis & Everett

Phyllis & Everett Shapiro In honor of Phyllis Shapiro's diamond birthday

Rosalie & Les Schweit In honor of Phyllis Shapiro's 75th birthday Edith Newman In memory of Sylvia Helene Kupperberg Michael Kupperberg

RABBI'S DISCRETIONARY FUND For the purpose of Ma'ot Hittin - providing the wherewithal for the needy to make a proper Seder. Noor Karr Lindsay Kvam Ellen Brosbe Barbara McGee Jon Simkovitz In honor of Bob & Susy Raful's anniversary - Mazal tov and many more years of a loving marriage in good health! Sylvia Sucher A generous donation Ellen Brosbe In memory of Mr. & Mrs. Michael Abrams Helene Bernstein In memory of Michael & Yvonne Abrams In memory of Ellen Brosbe's father, David Abrahams Marlene Lowenthal In memory of Sylvia Helene Kupperberg Michael Kupperberg In memory of Harold Kafton

Alan & Shari Kafton

RELIGIOUS SCHOOL FUND Condolences to Patty Bernstein and her family

Jane & Alan Krubiner A thoughtful donation Jayne & Steven Sanders



YAHRZEITS

Secular dates correspond to Hebrew date of death Observance of yahrzeit begins at sundown the previous day All yahrzeits observed at Beth Ami

Announced on April 27th & April 28th

April 28 Jake Rubin Brother of David Rubin & Uncle of Elizabeth Stalker April 28 Albert Sisenwein Father of Shirley Rosaler Garrett H. Rosenberg April 29 Cousin of Ira Rosenberg April 29 Maurice Smith Husband of Edythe Smith April 30 Alfred Berg Father of Dr. Warner Berg April 30 Yefim Friedland Brother of Sheyna Bakman May 1 Margret Hovda Close Mother of Signe Minuskin Frances Southern May 1 Mother of Dolores Trichter May 2 Rosa Marks Grandmother of Myrna Morse May 2 Martin Mermelstein Brother of Shirley Klapow

Announced on May 4th & May 5th

May 5 Sylvia Duchon Mother of Barbara Duchon May 5 Ruben Miller Father of Eli Miller May 6 Sidney Landis Grandfather of Stacy Clark May 6 Roseanne Sterman Wife of Milton Sterman May 7 Nathan Paul Father of Jane Paul May 8 Lily Zeamans Grandmother of Judith Helman May 9 Joseph Friedman Brother of Harry & Benny Friedman and Bernice Perlman May 9 William Friedman Father of Harry & Benny Friedman and Bernice Perlman May 9 Rabbi Samuel Jones Grandfather of Ross Jones May 9 Herbert Klapow Father of Larry Klapow May 10 Miriam Backman Mother of Roslyn Edelson William Spiegelman May 10 Father of Gail Negrin, Grandfather of Ronit Sepulveda May 11 Sidney Baba Father of William Cordell

May 11 Harry Boorstein Father of Seymour Boorstein

Announced on May 11th & 12th

May 13 Lucille Lachman Mother of Vivian Salmon May 13 Arthur Lowenthal Father of Ira Lowenthal May 14 Saul Meltzer Father of Allan Meltzer May 15 Hyman Berman Father of Sanford Berman May 15 Bertha Krubiner Mother of Alan Krubiner May 15 Morris Trichter Father of Julius Trichter Joseph Charles Scherer May 16 Father of Juli Scherer

Announced on May 18th & 19th

May 19 Anna E. Stein Aunt of Bob Raful May 20 Edith Biletsky Mother of Sasha LaHave May 20 Israel Senzer Father of Adrea Moss May 21 George Conklin Father of Ruth Rosenberg May 22 Robert Gladstone Father-in-Law of Marcia Gladstone May 22 Sam Keller Father of Ruth Weiss Parents and sisters May 24 of Lillian Judd May 25 Lillie Gross Mother of Sylvia Sucher

Announced on May 25th & 26th

May 28 Betty Wald Grandmother of Miriam Wald May 29 **Richard Hyman** Father of Judi Rosenthal May 30 Sandor Garam Father of Rose Batzdorff May 30 Lena Liverman Grandmother of Patty Bernstein May 30 Ben Rogan Father of Jane Rogan May 30 Coleman Rosenbaum Father of Arlene Rosenbaum May 31 Julius Mandell Father of Lenore Monsour

June 1Joel BrodskyBrother of Karen BrodskyJune 1Toby LevinMother of Fred LevinJune 1Bertha SchyMother of Stuart Schy

Announced on June 1st and June 2nd

June 2 Molly Leavy Mother of Evey Abramowitz June 3 Albert Hirschman Grandfather of Abraham Alexander Betty Mann June 4 Mother of Margorie Ballo June 4 Oscar Mann Father of Margorie Ballo June 5 Herman Metz Father of John Metz June 5 Oscar Strauss Father of Vivian Frye Louis Levin June 6 Father of Fred Levin Abe Shapiro June 6 Father of Raynore Paule Louis Stein June 6 Uncle of Bob Raful June 7 Ted Childs Father of Ivy Edelstein June 7 Myer Zittin Father of Charlene Bornstein

Announced on June 8th and June 9th

June 9 Bessie Tsipan Mother-in-Law of Malvina Tsipan Stephen Nathan Bernstein June 13 Brother of Marc Bernstein Helen Elbaum June 13 Mother of Debbie Weiss June 13 Hyman Golemb Father of Sherrill Golemb June 14 Bluma Rudnitskaya Sister of Iosif Voulfson Steve Levetin June 15 Father of Eileen Tenn

Announced on June 15th and June 16th

June 17 Murry Biletsky Father of Sasha LaHaye June 17 Steven Freistadt Cousin of Jane Rogan June 18 Tom Fleming Brother of Andy Fleming June 18 Irving Peretz Brother of Evey Abramowitz Dage 13

June 19 Hannah Brisgel Mother of Celia Berman Irving Streitfeld June 19 Father-in-Law of Ricki Streitfeld June 20 Thomas Cordill Father of Kim Cordell Irwin Levy June 21 Father of Janice Sternfeld

Announced on June 22nd and June 23rd

June 24 Golda Nemchenko Sister of Sarah Tyutinman Pearl G. Dove June 25 Sister of Betty Franks Mae Kriegsfeld Stolbov June 25 Mother of Bruce Stolbov June 26 Lillian Brosbe Mother of Dr. Herbert Brosbe June 27 Earl Newcomb Father of Leena Newcomb June 28 William Schiffman Brother of Elsie Rich June 29 Fanny Blau Mother of Shari Kafton

Announced on June 29th and June 30th

July 2 Barney Abrams Father of Patty Bernstein Saul Quinn July 2 Father of Robert Quinn Julv 2 Wilbur Bernard Solomon Father of Lawrence Solomon Julv 2 Sally Walker Sister of Maurice Jones Aunt of Ross Jones Julv 3 Samuel Weiss Father of Mortimer Weiss July 4 Esther Morse Sister-in-Law of Myrna Morse Joseph Robinson July 4 Father of Myrna Morse Harry Schor Julv 5 Father of Sylvia Boorstein July 6 Lipa Boorstein Grandfather of Seymour Boorstein July 6 Valya Boorstein Grandmother of Seymour Boorstein Bella Levine Julv 6 Former Mother-in-Law of Gussie Levine

Announced on July 6th and July 7th

Julv 10 Stanlev L. Friedman Husband of Natalie Friedman Julv 11 Morton Goldstein Father of Marilyn Diamond

Announced on July 13th and July 14th July 15 Lee Blau Sister of Shari Kafton July 15 Jack Brandwein Father of Henry Brandwein July 15 Jeanette Dolgon Friedman Grandmother of Joslyn Metzger Sophie Sisenwein July 16 Mother of Shirley Rosaler July 17 Louis Estrin Grandfather of Charlene Bornstein July 17 Ronda Lynn Heard Sister of Stanley Feingold July 17 Ben Rubin Father of David Rubin Grandfather of Elizabeth Stalker July 18 Edwin Dudley Father of Ruth Wilson July 18 Marion Dudley Mother of Ruth Wilson July 18 Sarah Wallcave Mother of Lawrence Wallcave Moishe Weiss July 18 Father of Allen Weiss July 19 Saul Gordon Father-in-Law of Marjorie Gordon

Announced on July 20th and July 21st

Netka Taubner July 21 Mother of Susy Raful Zalman Taubinsky July 22 Husband of Dora Taubinsky Lotte Batzdorff July 25 Mother of Alfred Batzdorff July 25 Florence Friedman Mother of Robin Rose July 26 James J. Mattson Son of Tish Levee July 26 Amelia Olchovy Mother of Verne Paule July 27 Israel Gerstein Father of Abe Gerstein

Announced on July 27th and July 28th

July 28 Irving Marder Father of Valerie Kreger Husband of Dorothy Marder July 28 Herbert Newman Husband of Edith Newman, Father of Carol & Michael Newman July 28 Abraham Olchovy Father of Verne Paule July 31 Roberta Biletsky Sister of Sasha LaHaye July 31 Sylvia Goldman Mother of Ben Goldman

May Anniversaries

- 3 Robert & Jennifer Schilling
- 12 Barbara & Mitchell McGee
- 17 Asher & Lyla Nathan
- 19 David & Marg Ballo 19
- Irwin & Doris Langer
- 24 Ira Cohen & Carol Appel
- 25 Judith Helman & Warren Davis
- 27 Jon & Rose Batzdorff
- 27 Tad & Debbie Shapiro 28 Richard Kahn & Anne Brown
 - 29
 - Esther Baruch & David Butler 30 Julius & Emma Schlesinger

 - 30 Jeffrey & Janet Stein-Larson

June Anniversaries

- 3 Rick & Jill Goldberg
- 4 Stewart & Lee Wolfe
- 7 Allen & Debbie Weiss
- 9 Seymour & Sylvia Boorstein
- 9 Alan Krubiner & Jane Meyer
- 10 Zach & Kathryn Baurer
- Kevin & Alicia Tonelli 11
- 12 John and Staci Leipsic
- 13 Larry & Shirley Klapow
- 17 David Root & Marilyn Wolf
- Randy and Sherri Weinstein 18
- Robin Winning & Geoff 18 Waterhouse
- 20 Sherrill & Elaine Golemb
- 20 Bob & Susy Raful
- 24 Steve Kemiji & Lisa Gottreich Elliot Morrison & Susan
- 24 Milstein
- 25 Art & Charlene Bornstein
- 26 Andy & Nancy Fleming
- 27 Robert & Alisa Haley

July Anniversaries

- 10 Daniel Pickar & Miriam Wald
- 12 Andrew & Susan Brown
- 25 Michael & Rayme Shapiro
- 30 Randy & Candice Mann



May Birthdays			
1	Greta Winter		
3	Mark Stoelting		
4	Judith Helman		
5	Noorillah Karr		
6	Paul Kellogg		
6	Yossi Kleinbort		
6	Jayne Sanders		
7	Anne Brown		
7	Deborah Ross		
9	Ivy Edelstein		
10	Allan Meltzer		
10	Daniel Pickar		
10	Iosif Voulfson		
11	Joe Tenn		
13	Patie Wegman		
14	Rick Goldberg		
14	David Kerben		
14	Edith Newman		
15	Lori Zaret		
15	Evelyn Gurevitch		
16	Valerie Kreger		
16	Ed Sherman		
16	Whitey Sterman		
16	Marina Voulfson		
18	Jeanne Crump		
18	Martha Kowalick		
19	Leena Newcomb		
21	Gussie Hankin		
22	Nancy Daniels		



22

22

- Julius Schlesinger
- 27 Steve Whiteley 30 Sanford Berman
 - Jenifer Levini
- 30 31 JoAnne Bressick



June Birthdays

Kathleen Epstein Benny Friedman Della Littwin Elliot Morrison Andrea Goodman
Della Littwin Elliot Morrison
Elliot Morrison
Andrea Goodman
marea occaman
Michelle Zygielbaum
David Matzner
Tova Rostov
Ruth Rosenberg
Norma O'Brien
Delphine Rubin
Joslyn Metzger
Bruce Edelstein
Charlene Bornstein
Myrna Morse
Jeffrey Sternfeld
Esther Baruch
Harry Hankin
Gail Negrin
Marcia Gladstone
Marjorie Gordon
Bernice Perlman
Juli Scherer
Lillian Shelan
Ellen Watson
Shirley Klapow
Sofya Pekker
Ira Rosenberg
Helen Dresser
Carolyn Kantor

July Birthdays

1

Paul Zygielbaum Zara Raab 5 Rad Sommer 6 Lauren Newman 10 Barbara Greensweig 10 Irwin Langer 12 Nihala Halem Sylvia Sucher 13 13 **Dolores** Trichter 15 Mark Burnette 16 Henry Cohn 16 Andrea Nett Terry Gurevitch 17 18 Michael Mundell 19 Connie Goldman 20 Marilyn Diamond 21 Verne Paule Sylvia Boorstein 24 27 Susan Milstein 28 Patty Bernstein 30 Susy Raful



Lawyers do it

Gov't does it

Jane Paul

30





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544-9882 www.webpresenceinc.com MAY SERVICES Friday Evening, May 4 (Candle Lighting: 7:47 pm) 6:00 pm Family Shabbat Dinner 7:30 pm Shabbat Evening Services

Saturday, May 5 • 17 Iyar 9:30 am Shabbat Emor Services Potluck lunch following services (Saturday Havdalah: 8:49 pm)

Friday Evening, May 11 (Candle Lighting: 7:54 pm) 7:30 pm Shabbat Evening Services

Saturday, May 12 • 24 Iyar 9:30 am Shabbat B'har-Bechukotai Services Potluck lunch following services (Saturday Havdalah: 8:59 pm)

Friday Evening, May 18 (Candle Lighting: 8:00 pm) 7:30 pm Shabbat Evening Services

Saturday, May 19 • 2 Sivan 9:30 am Shabbat Bemidbar Services 10:00 am Tot Shabbat Potluck lunch following services (Saturday Havdalah: 9:04 pm)

Tuesday Evening, May 22 (Candle Lighting: 8:03 pm) 8:30 pm Erev Shavuot Services 9:00 pm Shavuot Study Session

Wednesday, May 23 • 6 Sivan 9:30 am 1st Day Shavuot Services (Candle Lighting: 9:08 pm)

Thursday, May 24 • 7 Sivan 9:30 am 2nd Day Shavuot Services *Yizkor will be recited (Holiday Havdalah 9:09 pm)*

Friday Evening, May 25 (Candle Lighting: 8:06 pm) 7:30 pm Erev Shabbat Services

Saturday, May 26 • 9 Sivan 9:30 am Shabbat Naso Services Hosted luncheon in honor of Evelyn Gurevitch's birthday (Saturday Havdalah: 9:11 pm) JUNE SERVICES Friday Evening, June 1 (Candle Lighting: 8:11 pm) 6:00 pm Family Shabbat Dinner 7:30 pm Shabbat Evening Services SAY GOODBYE TO JULI SCHERER

Saturday, June 2 • 16 Sivan 9:30 am Shabbat Beha'alotcha Services Mila, daughter of Karen and Jeffrey Gould, will be called to the Torah as a Bat Mitzvah. (Saturday Havdalah: 9:17 pm)

Friday Evening, June 8 (Candle Lighting: 8:15 pm)
7:30 pm Shabbat Evening Services

Saturday, June 9 • 23 Sivan 9:30 am Shabbat Shelach Lecha Services Hannah, daughter of Kathryn and Zach Baurer, will be called to the Torah as a Bat Mitzvah. (Saturday Havdalah: 9:21 pm)

Friday Evening, June 15 (Candle Lighting: 8:18 pm) 7:30 pm Shabbat Evening Services

Saturday, June 16 • 30 Sivan 9:30 am Shabbat Korach Services Sam, son of Alisa and Robert Haley, will be called to the Torah as a Bar Mitzvah. 10:00 Tot Shabbat (Saturday Havdalah: 9:25 pm)

Friday Evening, June 22 (Candle Lighting: 8:20 pm) 7:30 pm Erev Shabbat Services

Saturday June 23 • 7 Tammuz 9:30 am Shabbat Chukkat Services Potluck lunch following services (Saturday Havdalah: 9:26 pm)

Friday, Evening June 29 (Candle Lighting: 8:21 pm) 7:30 pm Erev Shabbat Services

Saturday, June 30 • 14 Tammuz 9:30 am Shabbat Balak Services Potluck lunch following services (Saturday Havdalah: 9:26 pm) JULY SERVICES Friday Evening, July 6 (Candle Lighting: 8:20 pm) 7:30 pm Erev Shabbat Services

Saturday, July 7 • 21 Tammuz 9:30 am Shabbat Pinchas Services We will honor Susanne Batzdorff for her many years of service to CBA Hosted lunch following services (Saturday Havdalah: 9:25 pm)

Friday Evening, July 13 (Candle Lighting: 8:17 pm) 7:30 pm Erev Shabbat Services

Saturday, July 14 • 28 Tammuz 9:30 am Shabbat Mattot-Mase Services Potluck lunch following services (Saturday Havdalah: 9:21 pm)

Friday Evening, July 20 (Candle Lighting: 8:13 pm) 7:30 pm Erev Shabbat Services

Saturday, July 21 • 6 Av 9:30 am Shabbat Devarim-Chazon Services Potluck lunch following services (Saturday Havdalah: 9:16 pm)

Monday Evening July 23 8:30 pm Tisha B'Av Services

Friday Evening, July 27 (Candle Lighting: 8:08 pm) 7:30 pm Erev Shabbat Services

Saturday, July 28 • 13 Av 9:30 am Shabbat Va'etchanan-Nachamu Services Potluck lunch following services (Saturday Havdalah: 9:10 pm)



Evelyn Gurevitch's Birthday Luncheon May 26, 2007 Our family cordially invites all of our friends to join us for a hosted luncheon, on Shabbat, May 26, to celebrate Evelyn's 85th Birthday



Origins of the Tikkun Leyl Shavuot

by Rabbi David A. Kunin Beth Shalom Synagogue, Edmonton, Alberta, Canada

The origins of the *Tikkun Leyl Shavuot* are somewhat mysterious, which perhaps is appropriate for a ritual steeped in Kabbalah (Jewish Mysticism). The tradition is first mentioned in the *Zohar*, the thirteenth century compendia of mystical thought. While there is no direct evidence, some have suggested

that the circle of mystics who created the *Zohar*, actually observed the *Tikkun*. It is however, the only text from the Medieval period that mentions the custom.

The first description of an actual *Tikkun* is found in a remarkable letter dating from the mid 16^{th} Century. The letter was written by the mystic Solomon Halevi Alkabetz, the author of *L'kha Dodi* which is part of the

Kabbalat Shabbat service. It describes a *Tikkun* held early in the 1500's by Joseph Karo in the city of Solonika.

Karo, born in Spain before the expulsion in 1492, had found refuge in the Ottoman empire. While Karo is well known as a prominent Halakhist (Jewish Legal authority) – he was the author of the *Shulhan Arukh* – he was also a prominent Kabbalist. Karo invited Alkabetz and other likeminded sages to prepare for *Shavuot* with a night of study.

Karo and his companions began the evening with the recitation of verses from the *Tanakh*, and then turned to the *Mishnah*. All at once, Karo fell into a trance and then began to speak in tongues (to speak with words that had no meaning to those who listened). Though initially they could not understand what he said, his words were beautiful and comforting to all listeners. He then began to speak in an understandable manner, speaking in the name of the *Mishnah*, he addressed all those who were present.

The voice praised them, telling them that through their study they were restoring God's crown, and it depicted a God in exile and distress, greatly comforted by their words of Torah. It taught them mystical secrets of the Torah, urged them to continue to study, engage in mystical practices and, to make *aliyah* to Israel. It also told them, however, that the full secrets of Torah could not be revealed to them because they had failed to gather a *minyan* for study.

Karo and his fellows vowed not to sleep even on the next day but study during the second night of Shavuot. This time, gathering a *minyan* of seekers, they heard the voice twice. It continued to teach mystical secrets and to plead with the participants to make *aliyah*. It told them that the coming of the Messiah was not far off, and that their work would aid in the redemption of God Himself.

Alkabetz's vivid account of this extraordinary *Tikkun* was published across Europe and served to publicize the practice. It became popular both in Europe and in the Ottoman Empire. Soon afterwards, both Alkabetz and Karo made *aliyah*, and moved to Safed in the north of the land of Israel. Over the years it became customary to spend the entire night of Shavuot in the study of Torah. This study was seen as an act of mystical *tikkun*, repair, both because it helped to recreate harmony in the supernal realm (the heavenly spheres), but also because it helped to repair the damage caused by sins of the past. the mystics noted that the Israelites slept through the night before the giving of the Torah at Sinai, and that God had to wake them up with thunder and the call of the *shofar*. If, the mystics believed, they had remained awake and had

prepared themselves, then Sinai would have marked the redemption of humanity.

The *Tikkun*, where Jews remain awake in study and preparation, therefore also repairs the damage caused by this ancient sin.

As the popularity of the *Tikkun*

spread, its study became ritualized. While it is impossible to study the entirety of Torah in one night, a ritual developed which symbolically accomplished this feat. During the *Tikkun* the first and last verse of each *parashah* in the Torah, and each book of the *Tanakh* were read, and in addition the first and last *mishnah* of each of the tractates of the Talmud were also studied. Thus study of both the oral and written Torah's was symbolically completed during a *Tikkun*. A book containing these verses was called a *Seder Tikkun Leyl Shavuot*.

In modern times the *Tikkun* remains a night of study, though for many the traditional ritualized study of the entirety of Torah has been abandoned for more meaningful focused study.

Simcha Board• Tree of Life



Honor thy father, and thy mother...also thy aunt, uncle, cousin, child, best friend, teacher with an engraved leaf on our Simcha Board commemorating any joyous occasion, bestowal of an honor, or cause for thanksgiving.

> • Leaf \$360 • Small Stones \$1000 • • Large Stones \$2500 •

We also provide the opportunity for you to memorialize loved ones on ourYahrzeit Board. A plaque is \$450.

JOIN RABBI SCHLESINGER FOR

EREV SHAVUOT SERVICES

TUESDAY, MAY 22 AT 8:30 P.M.

STUDY SESSION FOLLOWS

Jewish Community Events

Jewish Family and Children's Services (JFCS) 571-8131 1360 N. Dutton Ave., Suite C, Santa Rosa

For more information on the first three volunteer opportunities below please contact Andrea Nett, Volunteer Coordinator at **303-1502** or email her at Andrean@jfcs.org

Volunteers for the 4th Annual Chicken Soup Bowl

We are currently seeking volunteers to make this Chicken Soup Bowl the most successful yet. The **Chicken Soup Bowl** is designed to raise funds to support our locals programs: Seniors-At-Home, Parents Place, Financial Services Center and Adult Services.

Senior Companions Plus

The JFCS Senior Companion program is expanding services to seniors with significant mental health challenges. If you have background, experience or interest in working with those suffering from any kind of illness this opportunity is for you! We offer excellent training, supervision and support. Volunteer commitment of 2 hours weekly.

Exciting NEW Expansion of the JFCS Financial Aid Center

JFCS is excited to announce an expansion of our Financial Aid Center to serve young people 18-25. The focus of the program is to assist young people in building a sound financial footing. Components will include a financial mentoring program, financial coaching and education, as well as access to loans. This expansion is a result of grant support from the Community Foundation of Sonoma County's Field of Interest grants and the Cleo Foundation.

How To Teach Your Children the Value of Money-FREE

Learn how to communicate with your children, as they grow, on how to save money, how to make it grow, and how to spend it wisely. **Thursday, May 17, 6:30-8:00 p.m.**

Led by Matt Schweifler, Personal Banker at Citibank Coddingtown. Call Cindy at 571-8131 to register for this workshop. Location of workshop is 1360 N. Dutton Ave., Suite C, Santa Rosa.

Advanced Health Care Directive Workshop-FREE

This hands-on workshop will assist you in completing this important document. This workshop is being conducted in conjunction with Kaiser Permanente Health Education and will include an attorney and a medical professional to answer your questions. The next workshop will be presented **June 12, 10:00 a.m. to noon**.

Pre-registration is required - limited space per session. Contact Cindy, **571-8131** or Cindyg@jfcs.org.

JFCS RIDES Program

This program is designed to help seniors go to medical appointments and Jewish community activities. Rides are available Tuesdays and Wednesdays in Oakmont, Santa Rosa, Windsor and Rohnert Park. Thursdays in Petaluma, and Mondays for Friendship Circle luncheons. Rides are \$5 per destination (\$10 round trip). There is a \$30 annual enrollment fee that includes an in-home interview. For more information call Angela Hoey or Paula Shatkin at **571-8533.**

Santa Rosa Chapter of Hadassah

cordially invites members and guests to our annual spring luncheon **Wednesday, May 9, 11:30 a.m.** Quail Inn at Oakmont, 9025 Oakmont Drive, Santa Rosa Live Performance – Ralphjen and Sherri Gumin sing Broadway Tunes RSVP Edythe Smith 538-3698

Jewish Community Center Programs For more info on the programs below: 528-4222 or www.jccsoco.org

Camp Chai with Rick Concoff

Please see Camp Chai flyer on page 20 of this newsletter.

Friendship Circle Luncheons, Congregation Beth Ami

Monday, May 14 Musical Favorites with Sandy Wright Yen The fee for lunch and dessert is \$8.00 for members of Friendship Circle, \$10 for non-members. Payment is accepted at the door. RSVP to Barbara Scharf 528-1182 at the JCC office.

Save the Date for these Friendship Circle Activities

♦ May 30, Field Trip to di Rosa Art and Nature Preserve and Picnic Box Lunch at Madonna Estate Winery in Napa.

♦ June 3, Bus Trip to Israel in the Gardens, 11 a.m. to 5 p.m.

♦ June 13, Luncheon and Entertainment at Merrill Gardens in Rohnert Park

- ♦ June 25, Luncheon at Congregation Beth Ami
- ♦ July 9, Luncheon at Congregation Beth Ami
- ♦ July 25, Luncheon and Tour at Congregation Shomrei Torah

Absolute Music 2007 Series

Three concerts remain in the 2007 JCC Sonoma County's *Absolute Music* Series. Concerts are Sundays at 2 p.m. on the dates noted, at The Friedman Center, 4676 Mayette Avenue, Santa Rosa, CA. Adults, \$15. Children, \$12. To prepay tickets for mailing to you or pick-up at will-call on the day of the concert, contact the JCC at the number above. Tickets are also available at the door on the afternoon of the concert.

May 6 – String Circle

The chamber music of Strauss, Smetana, Lanner, Schrammel, and Schulhoff performed by premier musicians of the San Francisco area: Joseph Edelberg, violin and Concertmaster of The Santa Rosa Symphony; Kati Kyme, violin; Anthony Martin, viola; and Thalia Moore, cello. The Bedrich Smetana selection is the String Quartet "From My Life."

May 20 – John Parr and Adler Fellows of the San Francisco Opera

Favorite arias from the world's renowned operas. Performers and selections to be announced.

May 27 – The Red Hot Chachkas

Traditional, spirited, life-affirming klezmer music from the band consistently earning high praise from audiences and critics. Julie Egger, violinist, leads Barbara Speed, Michael Arrow, Tony Phillips, Rob Reich, and Breck Diebel in a contagious program to wrap up this year's series.

SUSY RAFUL ESSAY CONTEST

FIRST PLACE: HALEY PLEASANT

Haley is a freshman at Maria Carrillo High School. She is active in several Jewish youth groups, and enjoys swing and ballroom dancing. She lives in Santa Rosa with her parents Blair and Dan, her older brother Robbie, and her dog Nikki. Haley dedicated her essay to her grandfather, Leo Schweitzer.

CONNECTING TO THE STORIES

Growing up as a Jew, I always felt that I knew more than most people about the terrors that faced the Jewish people during the Holocaust. I assumed that because I had a grandfather who survived a concentration camp, I instinctively knew all about that period in our peoples' history. It wasn't until recent years that I realized I didn't know nearly as much as I thought I did. What started out last year as a school project about World War II developed into a profound interest in the Holocaust and a closer connection to my religion. I have also discovered that there will always be more to learn, because everyone has their own story to tell.

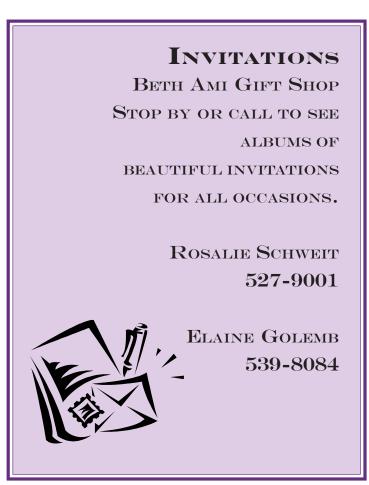
Even after attending religious school for eight years, I realized that I didn't know very much about Judaism or the Holocaust. I began learning more about both the year following my bat mitzvah, when I became involved in Jewish activities. I joined two local youth groups and started connecting more with Judaism. It wasn't until halfway through my eighth grade year in school, however, that I became interested in learning about the Holocaust.

My English class had recently finished reading The Diary of Anne Frank. For our quarter project, I was assigned to interview and write about someone who was involved in World War II. Immediately, my mind raced to my grandfather, Leo Schweitzer, who is a survivor of the Lodz Ghetto and the Auschwitz concentration camp. I figured this project would be a piece of cake. After all, by this time in my life I must have heard the story of what my grandfather suffered through during the Holocaust, right? When I began to interview him, I discovered I didn't know it at all. I had never heard my grandfather describe his horrible experience in his own words. In the short, heartbreaking half hour that I spent interviewing him, it dawned on me that I knew nothing of the Holocaust. My grandfather's story alone brought me close to tears. To hear him describe seeing his mother taken to the gas chambers and his heroic journey on the Death March was painful, but also very enlightening. I realized in that half hour that every single person in the Holocaust had a different tale to tell, each one interesting and informative in its own way, because no two stories are the same. Although I had heard one person's account of the Holocaust, I knew that there was still so much for me to learn.

In the short year between then and now, I have heard at least three other Holocaust survivors tell their stories. It is heartwarming to hear about the Shoah from different people, because although each story is unique, they all have one thing in common. None of the survivors I've listened to ever gave up hope. As my grandfather said, "The only thing that kept you going was hope. Hope that you will survive; hope that you will make it. You never want to give in." For some survivors, Judaism gave them hope and helped them get through their ordeal.

Hearing these stories and the survivors' commitment to their religion taught me more about Judaism and how it can impact peoples' lives. I learned that for some people, part of being a Jew is being faithful to the religion and believing that it will sustain you during hard times. Learning about the Holocaust has brought me closer to Judaism and I have begun to understand the kinds of sacrifices people made for their religion. The survivors and their stories have made me feel more in touch with my Jewish heritage, and I continue to learn more from them whenever possible.

It is important for my generation to understand as much as possible about the Holocaust, but it is even more important for people like me, the "third generation," to pass the stories on. I've learned from hearing about the Holocaust that keeping Judaism alive is extremely important. Hopefully others, like me, will continually strive to make sure that our history is never forgotten.







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Session 1: July 23-July 27 Session 2: July 30- August 3rd

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