

A 3-day residency with
author, scholar and activist

YISCAH SMITH



Spirit, Gender and the Quest for Authentic Living

sponsored by
Congregation Ner Shalom,
Congregation Beth Ami, and
B'nai Israel Jewish Center.

Yiscah Smith is a Jerusalem-based Jewish educator, spiritual activist and author. As someone who transitioned from a Chabad man to an observant woman, she is in constant dialogue with the question of authentic living and its spiritual dimension. Yiscah teaches at the Pardes Institute of Jewish Studies and at the Conservative Yeshiva, both in Jerusalem. She produces podcasts on Jewish spirituality, and offers individual spiritual guidance for authentic living.

**Forty Years in the Wilderness: My Journey to Authentic Living
Congregation Ner Shalom, 85 La Plaza in Cotati
Wednesday, June 13— 7-8:30 PM**

Yiscah will share the joys and struggles of facing her own spirituality, gender identity, and commitment to living true to herself. The story she tells is one of a man, facing his truth, embracing the woman she was always meant to be, and returning to her faith with wholeness and authenticity. Free, contributions welcome.

**Jewish Living as the Cultivation of a Spiritual Practice
Congregation Beth Ami, 4676 Mayette in Santa Rosa
Thursday, June 14— 7-8:30 PM**

Yiscah will teach the inspiring and progressive ideas of Rabbi Kalonymous Kalman Shapira, the Piaseczna Rebbe (d. 1943). She will discuss our inherent spiritual nature, how we awaken to the Divine within us, and how we can integrate this awareness into a fuller mind, body and soul experience in our lives. Free, contributions welcome.

**Lech Lecha— Go to Yourself: Moving from One Self to Another Self
B'nai Israel Jewish Center, 740 Western in Petaluma
Friday, June 15— 1:30-3; followed by yoga 3-4:30 PM**

Yiscah will share a teaching on encountering the Divine presence within and heeding her "still small voice." This session on moving away from a finite sense of self toward a sense of self that is limitless and beyond ego will be followed by a yoga session continuing these themes, led by Helaine Sheias. Sliding scale.